



St. Timothy's Gazette

JUNE, 2005

Our Vision:

St. Timothy's **Vision** is to be a nurturing, biblically-based community growing Christ's Kingdom.

Our Mission:

St. Timothy's **Mission** is to
Go out into the North Shore community to
Gather all ages into Christian fellowship,
so that we may
Glorify God in worship,
Grow to become more like Jesus Christ, and
Give of our time, talent and treasure to serve others.

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Tribute to Jim Burns

Our dear friend and brother in Christ, Jim Burns, was a mighty warrior. As a "fired" St. Martin's Trustee, he defended democracy by challenging the draconian actions of Michael Ingham. He was the senior statesman on the leadership team working to maintain worship services that provided an "orthodox" message. He was the one we turned to for sage advice and wisdom as we plotted our way through the transition from the "disaffected of St. Martin's" to the "warriors of St. Timothy's". I have had mentors in each facet of my life - Jim Burns was my mentor in my church life and he never failed me, providing wisdom and calm advice. St. Timothy's would not be what it has become without his influence and we will miss him immensely. Other members of St. Timothy's have their own cherished stories of Jim's friendship, kindness and courage. We commend his soul to our heavenly Father. We will miss you Jim, until we meet again.

Ron Edwards

Message from the Rev. Paul Carter

INTRODUCTION

It's been a great year for us at St Timothy's. So far 63 members have signed the membership covenant, with more on the way. Our services now regularly have over 80 people in attendance. The sense of fun and love and joy around our fellowship and worship is very clear, Sunday by Sunday. People often tell me how much they are enjoying the atmosphere we create as a church family in the Lynn Valley Recreation Centre. Although we took a huge leap of faith in agreeing to triple our budget from 2004, to date, Praise God, we are not only meeting but actually exceeding our budget. All this of is encouraging.

CONGRATULATIONS

Since May 1st we have welcomed the recently graduated Rev. Ken Bell onto staff nearly full-time. Congratulations, Ken, on the MDiv. I am really enjoying working alongside Ken and already sense that we are 'better together' in ministry. Many congratulations to Rita, our Youth Pastor, who has recently married Jonathan, It has been great to see them begin a new life together and to see how Rita is both befriending and encouraging the sense of identity with and commitment from our Youth to her program.

40 DAYS OF COMMUNITY

Few can question the infectious enthusiasm for Christianity that comes from the lips of the larger than life Rick Warren. Many of us have both enjoyed and felt challenged by his teaching during the midweek sessions of our 40 days of Community campaign. Ken and I have tried our best to honour his material, while cutting it down in length by up to 66%! as we have prepared our sermons during these 6 weeks. Some of us have started a daily devotional time for the very first time in our lives and have found it helpful. We have certainly been learning that we are 'better together' as a church family. Amazingly some 56 people have joined one of our 8 small groups. I am very grateful to Patricia Young for her hard work in coordinating the campaign. I would also like to thank all those of you who have opened your homes as hosts and those who have facilitated the meetings. We will conclude the campaign with a celebration Sunday on 12th June which I am looking forward to very much. This service will include the baptism of Elijah Moffett, who very nearly died just a few weeks ago and who now, by God's grace, is recovering well.

ANGLICAN COMMUNION IN CANADA (ACiC)

On Wednesday, June 15th, Lois and I fly to Toronto with Revs. Ed Hird and Barclay Mayo. We will be attending the Anglican Essentials Conference as 'Common Cause' partners. It will be interesting to see what our brothers and sisters have planned for the Network in Canada under Bishop Don Harvey. I fly on from Toronto to Montreal to preach on June 19th at the Elm Church in Lennoxville and to explore the way forward for them as a congregation. We would value your prayers as we go and will brief you on our return.

On Thursday 26th May the ACiC AGM took place. I am grateful to Ron Edwards for attending and to Richard Macdonald who has kindly agreed to become the ACiC Treasurer this year. Friday 27th saw Ron, Ken and I involved with the final ACiC coaching session of the season. Dr Gil Stieglitz has brought insight and vigour to his coaching for us this year. I have certainly learned a great deal from him. The plan is that he will visit twice in the fall and twice after Christmas in spring 2006. We hope by coming less often but for longer, many more of St Timothy's members will be able to draw from this deep resource and find refreshment and energy for the task that is ours together. More details will follow.

SUMMER BREAK AND THE FALL

After a very hectic six months with lots happening to shape the life of St Timothy's we will go into holiday mode for July and August. There will be no new programs midweek, simply an opportunity for us to enjoy worshipping together Sunday by Sunday. Ken and I will be preaching through Galatians, which we are looking forward to very much and then we will begin an overview of the Old Testament (OT) which will be done in several phases so that we stay fresh and don't become exhausted by looking at the whole OT in one go.

Once September arrives, we plan kick off events, preaching from John's gospel, new small group studies and of course our fabulous Alpha Banquet on Wednesday, September 21. This will launch the course which runs until early December. Please, please be thinking and praying about whom to invite to the banquet. We had such fun and learning together last year and we would like to extend the circle of guests even wider this year.

CONCLUSION

So there is much for which to give thanks to God from 2005 so far and preparations are under way for the latter part of the year. It just remains for me to thank every member of St Timothy's for all you have done for our church family this year. Enjoy the summer; please find a way to be 're-created' as God intends, so that we are ready for some hard work but great growth in the fall.

May the Lord bless you and keep you.

Yours sincerely in Christ,

Paul

Rev. P. M. Carter
Senior Priest, St Timothy's

Message from the Rev. Ken Bell - Don't Get Comfortable!

I realize the title does not sound too pastoral or if you will "comforting" but I hope it will make sense as you read. I want to begin by thanking all of you for receiving Sonya, Lillian and myself with such hospitality and grace. The past few months have brought tremendous change for us, as the past year has brought change for many of you. I am very grateful that the Lord has guided us through it all, for he has been in full control. In April, 16 years of youth ministry, 14 years of ministry at St. Simon's and 5 years of school at Regent ended. I am now in a different church, with new people to meet, new relationships to build and an entirely new job description, ministry and vision.

As I was praying this week and thanking God for all he had done and for the relative ease with which the transition took place, I heard him say to me, "Don't get too comfortable". I did not know what God meant by that, though I assure you it did not fill me with the sense of peace one expects to receive when one is praying. I then began to pray for St. Timothy's, again thanking God for all he had done over the past year. What may have seemed impossible by human strength, by faith was made possible. But again God said very clearly, "Don't get comfortable". I prayed more asking God what he meant. "I have not bought you here to stay here. What you have gone through was to prepare you for what is yet to come. I will continue to stretch you and test your faithfulness. You are called to be a missionary people, a wandering people. I am calling you and forming you to do greater things than you could ever imagine. You prayed for change, you prayed for a rescue from a desolate and faithless land, from the land of Egypt; I heard your cry and delivered you. I am your God and you are my people. If you will trust me and follow me I will show you the wonders of the kingdom. Through you, people will come to know me. Through you, people will be reconciled to me. Through you, people will fall in love with my Son. But you cannot get comfortable".

As we have gone through the 40 Days of community together, I have come to see that God is doing a marvellous thing. These 40 Days we have spent learning together, is another way in which God is preparing us. People are hearing one another's stories and sharing with each other both their joys and their sorrows. It is great to hear that people want to continue to meet in their small groups and continue to grow. I can think of nowhere in scripture where God says to a people, "You have arrived, this is your final destination, now just sit back and relax". Instead God always had more planned for his people, more work and more change yes, but also more and greater blessings.

As we move into our second year together I pray that we never stop striving to become more like Jesus; we never stop craving God more; we never stop seeking ways to serve Christ and each other; we never stop worshiping the Father in Spirit and in truth; we never stop wanting to grow; and we never stop desiring the greater gifts of the Holy Spirit.

Your Servant in Christ,
Rev. Ken Bell

Wardens' Update, June, 2005

GREETINGS & SALUTATIONS.

We are pleased to see the Sunday Attendance averaging 76. This includes 10 in the Sunday School and Youth Group. To help increase our numbers, everyone is reminded to continuously invite friends, neighbours and relatives to attend a Sunday service, encouraging them to commit their lives to God as members of St. Timothy's. It is also worth noting that the Sunday collection continues on target – keep up the good work, particularly over the upcoming summer months. The Treasurer's report, elsewhere in the Gazette, will provide you with a detailed summary.

We extend our sincere and heartfelt thanks to **ALL THE MANY VOLUNTEERS** who, each week, diligently devote time and effort to make all Sunday services, Sunday School and Youth programs, and our fellowship together, such a positive experience. It is also appropriate to mention and thank the dedicated hard work of the **"5 G's"** - **Go** (Mission)-John Collings; **Gather** (Fellowship)-Audrey Haigh; **Glorify** (Worship)-Peter Haigh; **GROW** (Discipleship)-Patricia Young; **Give** (Ministry)-Chris Vondette.

On April 25, several of us attended Ken Bell's Regent College Graduation Ceremony, when he received his Master of Divinity Degree – Congratulations Ken! Ken is now full time, shared between St. Timothy's (85%) and Immanuel Westside (15%). This results in Paul's time commitment being reduced from 25 to 15 hours per week.

It is appropriate to acknowledge and express our appreciation for Paul's leadership, dedication and hard work for us as well as for the ACIC. Thanks also are extended to the seven members who opened their homes for the weekly "small group" teachings of Rick Warren's *"40 Days of Community"* – a most interesting and rewarding experience.

HELP NEEDED

On Sunday, June 19, we will be conducting a survey asking you for your willingness to offer your time and talents to any of the **"G"** groups, the Choir, the Altar Guild, or any of the many other activities which occur on a regular basis. We also are looking for an Organist, as the time will come when Lois will not be available.

Confirmation, Marriage and Funeral Arrangements can be made with Paul. We have permission to use for this purpose St. Andrew's and St. Stephen's Presbyterian, Sutherland and Delbrook Baptist Church.

CHURCH PHONE NUMBER Please note our new number: 604-908-HOLY (4659).

MAILING ADDRESS #908-1641 Lonsdale Avenue, North Vancouver, B.C. V7M 2J5

We wish all a warm, relaxing and fun-filled summer!

Yours in Christ's Service.

John Hopkins, Rector's Warden

Ron Edwards, People's Warden

St. Timothy's Church Statement of Revenue & Expenditure
Period Ended May 31, 2005

	Year to Date	Pro Rata Budget
Donations:		
Parochial -envelopes	55,798	49,663
-open & seasonal	3,396	-
Extra parochial	2,755	-
Interest & other	595	-
	<u>62,544</u>	<u>49,663</u>
Less: ACiC tithe	5,919	4,966
Transmittals	2,755	-
Net Revenue:	<u>53,870</u>	<u>44,697</u>
Expenses:		
Church operations:		
Salaries, fees & honoraria	32,380	34,502
Facilities rental	6,887	5,833
Operating costs, programmes	2,695	3,583
Newsletter, printing	940	832
Insurance & legal	1,575	1,417
Equipment purchases	4,822	3,750
Contingency	-	3,140
	<u>49,299</u>	<u>53,057</u>
Income (loss) for the period	<u>4,571</u>	<u>(8,360)</u>

Those of you who read the Sunday bulletin will know that we have been tracking above budget in our offerings, which is a wonderful position to be in nearly halfway through our budget year. What some of you may not appreciate is that the budget numbers in the bulletin reflect the expenditure budget not the pledged contributions from our Commitment Sunday last fall. It is the pledges that are shown in the budget column above and when compared to actual, they show us to be fully \$6,000 ahead of the pledged amount from envelope giving. Add to that seasonal offerings, which may or may not have been pledged, extra parochial giving (Tsunami relief), and you can see that we have taken our tithing commitment to heart. Thank you all for your gifts to God and to our church.

The expenditure side is a little more complex. The budget is, as shown, pro rata, based on the totals for the year multiplied by 5/12's. Actual results are not quite so even. Salaries for instance will be higher for the balance of the year, as Ken's compensation was shared 50/50 with St. Simon's while he completed his degree studies. Other variances may result from the timing of certain expenses vis a vis the

budget, equipment purchases and the contingency provision, but overall, we appear to be operating within plans.

The bottom line, thus far, is a \$4,500 surplus year-to-date, a truly excellent performance! While some of this may be drawn down over the balance of the year, with your continued support, we are setting out strongly to support our vision and goals.

Of course, we can only measure what is measurable, and we continue to marvel at the countless contributions of so many who enable us to worship each Sunday and benefit from programs such as Alpha and 40 Days of Community.

Thank you again for all your contributions and the blessings of our life together at St. Timothy's.

Leddy Lilley

Reports from our "G"s

Gather

Our committee covers the following areas: Greeters/Myrna; Coffee Hour/Hazel; Newsletter/Florence; Ladies Group/Linda; Fellowship Gatherings/Audrey/Daphne; Pastoral Care/Myrna and Introduction 101/Ken. Our focus is to care for and welcome all parishioners whether young or old in age or in affiliation with St. Timothy's. We hope that all parishioners will let us know if they have any good ideas about how we can be a more welcoming parish.

The Gather committee has met a couple of times since our Annual General Meeting. We have been planning for a number of parish events, the **Celebration of our First Anniversary/40 Days of Community/Baptism of Elijah Barbecue Lunch** to be held on Sunday June 12, **Special Welcome Service on September 11** to start off our new year after the summer and a **Harvest Potluck Dinner on Friday, September 30**.

Pastoral Care has come under the leadership of Ken Bell with Myrna Teskey as administrator. We ask all parishioners to contact one of them if you know of anyone who would like a visit because of being unable to come to church or being in hospital. We have a great team of volunteers who are eager to visit and just have a chat with you or your family or friends. Hazel Blacoe is Convener for Memorial Service Receptions and Ursula Vondette is responsible for sending cards. Please contact Ursula if you know of anyone who you feel needs our support through receiving a card.

We welcome any suggestions and ask you all to remember us in your prayers, so that all the committee can especially show love in reaching out to all of our community.

Audrey Haigh

Glorify

A "Glorify" meeting was held on Wednesday, May 25, to select hymns for June and July. Hymns are selected to support the theme of a particular Sunday, with room allowed for congregation favourites, as provided by the Suggestion Box. In keeping with suggestions, services now contain the Bible Readings written out on the Power Point slides, and the Psalms are in the NIV translation (same as Bible Readings).

During May, more columns were filled in the "St Timothy's Roster", and Matthew made further modifications to the database to make it more user friendly. (Thank you, Matthew!) Additional Job Descriptions have been added to those already in existence, At the June Church Council Meeting, Matthew will present a detailed proposal for new Speakers, mixer board and cables to enhance our "sound" system. Cost is in the vicinity of \$4000! We have not received any feedback on our 'Organist required" advertisement posted at Regent College.

Next Glorify meeting is scheduled for late August to prepare for services in the 4th Quarter.

Peter Haigh

Give

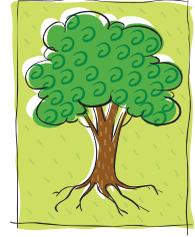
Now that we are settled into the Lynn Valley Recreation Centre location, the Give Committee will be (re)soliciting for everyone's participation in the life of our parish. We will be distributing a revised Service Commitment Form at the June 19 service, which not only invites you to join in the established parish activities and groups, but asks the question "Do you have any special skills/talents/hobbies that might be of service to St Timothy's?" Matthew Vondette has developed a web-based product to assist our service leaders in coordinating our various rosters of volunteers.

The Committee has recommended the inclusion of "Outreach" as a line item for next year's budget, and has been tasked by the Parish Council with developing recommended criteria and suggestions for outreach on local, national and international levels. It suggested that, as part of our preparations for this year's Pledge Sunday, two draft budgets for next year be developed; a basic budget, i.e. last year's budget plus inflation, and a "vision" budget. It was noted that we as a parish also need to establish a longer term vision for our future and develop financial strategies to achieve these goals. The Parish Council will be dedicating Saturday, September 10 to meet and spend the day "visioning", both for next year and the future. We invite your comments and prayers in this regard.

Chris Vondette

Grow Ministry

What is the Grow Ministry? It is about each and every member of our parish, from the youngest to the most senior member growing to know and love and ultimately grow to be more like Christ. It is about all of us establishing "roots" which will keep us strong and healthy in all aspects of our lives.



The Grow Ministry Team is therefore responsible for the Nursery, Sunday school, Youth and Adult Education. The team consists of Paul Carter, Patricia Young, Carolyn Edwards, Dara Barrett, Rita Wang and Sonia Bell.

Over the summer, our two hard working and very dedicated Sunday school teachers are taking a much needed break. We will therefore be needing volunteers to help out in both the Sunday school and the Nursery. Materials and curriculum ideas will be provided. So if you are interested in helping out please let one of the Grow Team Members know. If you are asked to help out, please open your heart and consider volunteering. Helping even once during the summer months will give valuable assistance to such a worthy ministry.



Beginning this fall, the Sunday School, and possibly the Youth, will be trying a new curriculum from Scripture Union. Scripture Union is a non-denominational, Christ-centred international movement, founded in 1867, working in partnership with individuals and churches across the world. Their aim is to use the Bible to inspire children, young people and adults to know God.



The Grow Team is also going to make available many different resources for small group study. If you are interested in leading a home group and/or hosting a home group, please contact me. If the group that you have been meeting with during the "*40 Days of Community*" would like to continue meeting through the summer or again in the fall, and would like some resources for study, please also contact me. I have a lengthy list of suggestions.

In closing I hope and pray that all of us have a peaceful, restful and safe summer holiday.



Patricia Young

40 Days of Community

During the past 6 weeks, the Parish of St Timothy's has been involved in a campaign called "40 Days of Community". This campaign, produced by Rick Warren and the community at Saddleback Church in California, has had a very positive impact on our own community of St Timothy's.

Personal involvement in this program may have involved listening to and learning from the Sunday sermons, reading the daily devotionals and/or being involved in a home group. Some people involved themselves in all aspects of the campaign, others just one part. I pray that no matter what your participation was, you will have learned and grown in your faith.

I am delighted that 56 people in our parish involved themselves in a small group. For many of us this was a new experience, but for all of us it provided a genuine opportunity to get to know each other much more intimately. I hope that everyone enjoyed going to someone's home and finding out how nice it is to be involved in a small group. I pray that, as we continue to grow as a church, we continue to value the importance of meeting in small groups and how they are vital "nourishment" for our spiritual growth.

Many of the small groups were involved in community outreach and also performed small acts of appreciation for members of our parish. Photos of the groups and small write-ups from each of the leaders are included in this newsletter.

I wish to express a final thank you to each of the hosts and facilitators who took part in this campaign. If you had not agreed to open your home and/or help facilitate a group's discussions, the campaign would not have happened.

"I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and invited me in, I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me. " We'll say, "When did we do that for you, Lord?" And God will reply, "What you did for one of the least of these... you did for me." Matthew 25: 35-40

Patricia Young

Wednesday Morning Group, meets at Patricia's to make cookies for the Light House Ministry. This Ministry which has been in operation since 1981 is located in North Vancouver at 260 Esplanade is dedicated to serving the Lord among the seafarers of the world. The aims of this ministry are to share the Gospel of our Lord Jesus Christ with all, to distribute the Bible to all seafarers, to provide Christian Fellowship and a "home away from home" and Christian counsel and charity to the needy. In the photograph are Ivy Harper, Hazel Blacoe and Patricia Young (missing from the photo is Norma Johansen who is away on holiday in Turkey!)



Our group included Daphne Martin, Marion Van Dusen, Olive Marten, Margery Jacklin, John and Joy Hopkins, Nancy Vondette and Florence Wilton. We honoured Matthew Vondette as Star, assisted Harold and Cicely Stringer with their shopping needs and collected clothing for the Lookout Shelter for the Homeless. We enjoyed this course and the opportunity to get to know one another better, helping us understand and appreciate one another more.



Our Thursday group has given us the opportunity to learn, pray and grow together in a sharing, caring atmosphere. We are planning a July potluck dinner and also looking at the possibility of a September group.

This small group met faithfully during the six weeks. Sometimes we enjoyed "visitors" from other groups, but definitely we have come to care even more for and about each other through these video presentations and subsequent stretching discussions. We recognized and honoured Erica Barrett, a member of our Church who inspires us with her wonderful smile, always cheerful disposition and evident love of God.

"Reaching Out" for us has come through visiting those who are indisposed or cannot get out to come to church. This Ministry of pastoral visiting is where we, as a group, intend to continue. I think we would all agree that the 40 Days program has caused us to go deeper into our faith and to question our motives and values.

Our group has had great fun getting to know each other and we are looking forward to being of service to our community.

For our community project we wanted to relieve some of the burden from the gather team. So we decided to organise the food side of the celebration barbeque and had great fun doing it. We also made cookies for the Mission to Seafarers.

The group met at the home of Ron and Carolyn Edwards every Thursday morning. We have enjoyed the 40 Days of Community and have equalled enjoyed each other's company. We have shared prayers, thoughts and even personal histories and feel that we now know each other a little better and have become a broader "community". At this time, we decided not to do an outreach program as a group, mainly because of the timing of such a commitment. On the last day, we enjoyed a light lunch and fellowship and look forward to meeting again. Our only regret was that Erica and Gord Barrett were unable to attend this last session.



Some people are featured in more than one photo because they visited other groups when not available for a meeting at the regular time. Missing is a photo of the Tuesday Morning Groups.

I want to change my Will!

Since there have been a number of requests, Ron Edwards' detailed instructions on leaving a bequest to St. Timothy's Church that was in last September's newsletter is reprinted here.

"If you don't have a "Last Will and Testament", you would need to prepare one or have one prepared for you by a lawyer or notary public and include a provision in it for a specific bequest to St. Timothy's, which could read as follows:

" I FURTHER BEQUEATH to St. Timothy's Church of North Vancouver, British Columbia incorporated under the Society Act of British Columbia under incorporation number S-47811, the sum of (write out the amount in words) Dollars (\$ xxx,xxx)."

If you already have a Will and only want to change one or two provisions, the simplest way of doing so is to execute what is called a "Codicil to My Last Will and Testament". A Codicil is simply an amendment document and it could read as follows:

"THIS IS A CODICIL TO THE LAST WILL AND TESTAMENT of me, (YOUR NAME IN UPPER CASE), of (your street address in lower case), in the City (or District) of North Vancouver (or wherever), in the Province of British Columbia, made by me on the (Arabic numeral) day of (month, year) *(the date you signed your current Will)*.

I HEREBY AMEND PARAGRAPH (the number of the paragraph you want to change) of my last will and testament to delete "(the name of the beneficiary being deleted)" I bequeath the sum of (write out the amount of the previous bequest in words) Dollars (\$ xxx,xxx)" and to substitute therefore the words "St. Timothy's Church of North Vancouver, British Columbia incorporated under the Society Act of British Columbia under incorporation number S-47811, the sum of (write out the amount in words) Dollars (\$ xxx,xxx)."

IN WITNESS WHEREOF I have hereunto set my hand this (Arabic numeral) day of (month), 2005. *(the date you signed the codicil)*"

If your amendment is not a substitution of beneficiary, but rather to add St. Timothy's as an additional beneficiary, paragraph 1 of the Codicil would use wording similar to the provision you would put in a new Will as suggested above, with an introduction such as "I HEREBY ADD PARAGRAPH...."

For a Will or Codicil to be binding it must be signed in the presence of two witnesses (who cannot be a beneficiary or the spouse of a beneficiary) who sign the Will or Codicil as witnesses, giving their name, address and occupation to the left of your signature and under a statement that says "SIGNED by the said Testator as and for [or if a Codicil, add – 'this Codicil to'] his (or her) last Will in the presence of us, both present at the same time, who, at his (or her) request, and in his (or her) presence and in the presence of each other have hereunto subscribed our names as witnesses". If there is more than one page to the Will or Codicil you and the witnesses should each initial all pages.

Any Codicil should be kept with your Will in a safe place, such as your safety deposit box. Let your Executor know where it is kept. It is prudent to also file a Wills Notice with the Provincial Division of Vital Statistics for any replacement or new Will."

Note from the Give Committee: *There are a number of methods of planned giving, of which leaving a bequest in your will is the simplest and most common. Others include gifts of life insurance, life annuities, securities and property. Planned giving is a process which allows you to design your charitable gifts while affording potentially significant tax advantages to you, your estate or your business. In doing so, it is important that you consult your tax or financial advisor.*

Chris Vondette

Prayer Corner

We pray at this time for the souls of Jim Burns and Doug Johnston. May light perpetual shine upon them and may they rest in peace. We pray also for their families, that God will comfort them in their sorrow and show us how we can support them.

St. Timothy's Prayer List

Anyone is welcome to add a loved one to the prayer list. Please contact me by phone or e-mail. There will also be a prayer request box and an answered prayer box on the table inside the church door.

I would appreciate knowing the details of the prayer request so that the prayer group and I know how to direct our prayers, but if you choose not to give them, that will be fine too. A weekly update would be helpful for the same reason. Please note that the names will be on the list for up to a maximum of 6 weeks, unless the person is very ill or something new develops.

Sam MacDonald

Prayer Chain

The purpose of a prayer chain is to support one another and to bring requests before the Lord. It is comprised of a network of people committed to prayer. They faithfully intercede on behalf of others in need by lifting up specific requests, concerns and emergency situations. The person at the top of the list receives the prayer request, phones the next available person on the list and then will immediately pray for that request. Confidentiality within the chain is paramount. One also needs to be prepared to receive requests at any time.

*"Whatever you ask for in prayer, believe that you have received it, and it will be yours."
Mark 11: 24*

*"Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."
Philippians 4:9*

I would like to start a prayer chain at St. Timothy's in September. If anyone is interested in joining it, please prayerfully consider it and let me know. We all have different gifts but we can ALL pray. This is a wonderful way to show your love for others.

Sam MacDonald

17th Century Nun's Prayer

Lord, Thou knowest better than I know myself, that I am growing older and will someday be old. Keep me from the fatal habit of thinking I must say something on every subject and on every occasion. Release me from craving to straighten out everybody's affairs. Make me thoughtful but not moody; helpful but not bossy. With my vast store of wisdom, it seems a pity not to use it all, but Thou knowest, Lord, that I want a few friends at the end.

Keep my mind free from the recital of endless details; give me wings to get to the point. Seal my lips on my aches and pains. They are increasing, and love of rehearsing them is becoming sweeter as the years go by. I dare not ask for grace enough to enjoy the tales of others' pains, but help me to endure them with patience.

I dare not ask for improved memory, but for a growing humility and a lessening cocksureness when my memory seems to clash with the memories of others. Teach me the glorious lesson that occasionally I may be mistaken.

Keep me reasonably sweet; I do not want to be a Saint - some of them are so hard to live with - but a sour old person is one of the crowning works of the devil. Give me the ability to see good things in unexpected places, and talents in unexpected people. And, give me, O Lord, the grace to tell them so. AMEN

(I saw this prayer up in Paul's home and asked him to copy it for the Gazette as I felt it might also ring a bell with a few others. Florence Wilton)

Christian One-liners

Don't let your worries get the best of you: remember - Moses started out as a basket case.

Some people are kind, polite, and sweet-spirited - until you try to sit in their pews.

Many folks want to serve God, but only as advisors.

When you get to your wit's end, you'll find God lives there.

Quit griping about your church; if it were perfect, you couldn't belong!

If the church wants a better pastor, it only needs to pray for the one it has.

God Himself does not propose to judge a man until he is dead. So why should you?

Parishioner Profile – Sarah Lucas

Sarah Lucas was born in the small village of Forton, just outside Newport, Shropshire, England in 1940. Her parents were farmers and Sarah was the middle child, between two brothers. Her father was Warden of All Saints Church, Forton, and Sarah played the organ for a few years - she hastens to add that they were very desperate! She attended the small village school and then won a scholarship to Newport Girls' High School, where in the equivalent of Grade 12 she passed A Level in French, English and Latin. Her favourite sport was always tennis.

Her studies continued at the University of Leicester, where she did a four year Honours Degree in French, spending the third year in Grenoble. She completed her degree in 1963 as planned, and then had to decide on her next venture. She landed a job in Guildford, Surrey, at Merrow Grange School for Girls, a private Catholic Boarding School, where she taught A Level French and Beginners Latin. Sarah found it enjoyable, but somewhat stressful, as the Headmistress who had been the Senior French Teacher, kept an overly zealous eye on every step of her instruction. Sarah took evening classes in art appreciation, fostering a life-long interest in art and developing a yen to travel to see the art treasures she was studying.

Two years later, while on holiday in Spain with some colleagues, Sarah learned that one of them was considering applying to work as an air hostess with Pan American Airlines. On a whim, Sarah decided to fill in an extra application form that was available. She went for an interview in London, was sent for a second interview and was accepted.

Her start with Pan Am was marred by two misfortunes – her luggage was lost en route to the training school in Miami, then, on her first flight as a Trainee Air Hostess, her purse with all her official documents as well as all her money was stolen. She was based in Miami for a year, flying to various cities in South America as well as the Caribbean and Central America. Not too keen on Miami as a base, she applied to move to New York at the earliest opportunity. She was based there for four years, three as a Flight Attendant, and then she was appointed Flight Attendant Supervisor, an office job which involved some flying to perform evaluations.

She met her husband, Ray who was then Canadian Trade Commissioner at the United Nations, through one of his friends who was a passenger on one of her flights in Africa. Sarah and Ray were married in April, 1970, in a small Episcopal church, known as the Little Church Around the Corner, in New York. After a brief honeymoon in Rio, followed by a fast trip to England for a reception with Sarah's family, they drove from New York to Toronto, where there was a reception in their honour, given by friends of Ray's. They then took the train to Edmonton to yet another reception, this time with Ray's family. After all that, they drove to Vancouver.

A job that Ray had been offered in Australia with a Vancouver based company fell through, but they stayed in B.C., and decided to use the severance pay to construct a cabin at Whistler, since Ray was an avid skier. Ray was hired by Sandwell Engineering, where he worked for several years, before becoming Vice-President of Marketing for Great West Steel. Sarah, meanwhile, took a position as Flight Attendant Instructor with Canadian Airlines.

Sarah and Ray's first child, Adrian, was born in 1972. He was baptized by Rev. Ian Grant at St. Catherine's. The family moved from Pendrell St. next to Stanley Park, to a townhouse in North Vancouver and then to Bayridge Crescent in West Vancouver. Another move was inevitable when in 1975, Ray was asked to market Great West Steel throughout the Middle East, but based in Algeria in order to oversee an English subsidiary company working in Algiers. There, ousted from their villa in a tourist complex by an Algerian General, who felt he had prior claims, continued housing problems led them to move to Palma, Majorca. Ray commuted from there. Adrian went to the International Balearic School (Kindergarten) and Sarah took Spanish lessons. However, since Ray constantly required visas for his travel, they decided it made sense to move closer to London. In 1976, they rented a townhouse in Bray-on-Thames in Berkshire, where Vanessa was born the following year. She was baptized by the Vicar of Bray.

Great West Steel then changed ownership and decided to pull out of the Middle East. Ray, however, decided to stay in the U.K and soon formed his own company called Shelterspan. Initially it did well. Buildings included sports complex structures and a temporary baggage handling building at Heathrow, but due to a series of unfortunate circumstances, the company ran into financial difficulty. It was eventually liquidated and in 1982 the family moved back to Calgary, where Ray did consulting work for six months. In early 1983, he became Senior Economic Policy Advisor to Senator Jack Austin, so moved to Vancouver. The rest of the family followed at the end of the school year and in June, when Vanessa was nearly 6 and Adrian 11, they moved into a new home in Richmond.

Catastrophe came totally unexpectedly at the beginning of September. Ray had a brain aneurysm and stroke after which he was never able to speak. After many weeks in hospital, he spent several months at the G.F. Strong Rehabilitation Centre and made a very gradual partial recovery. Having left the work force over ten years ago, Sarah now needed to work. After working in several temporary office jobs, she became Receptionist for Alcan Pacific, an executive subsidiary company of Alcan Canada. One of her colleagues became a great friend, training Sarah on the job and helping with the children at home – she was literally a God-send. The firm soon realized that Sarah was capable of more and she was made Office Manager, then Executive Assistant to the V.P. of Personnel.

One interesting Alcan Pacific venture was organizing a two month training program for 24 Chinese senior managers. Sarah worked with Professor Jan Walls, at SFU Harbourside to develop classroom sessions in the brand new facility. Course content was conducted in Mandarin. She also arranged travel for them to aluminum plants, e.g. in Kitimat, and all social activities.

In 1989, Alcan Pacific moved to Japan and Sarah got a job as Executive Assistant to the Dean of Instruction at Vancouver City College, where she now works as Executive Assistant to the President and Board. One of her more interesting assignments at the College has been as Coordinator of a four year education project with an institution in Mysore, India. In the final year of the project Sarah went to Mysore, India, where she was overwhelmed by the warmth of the hospitality, was thrilled to attend an Indian wedding and to see so much of a culture so different from our own.

Although Ray never fully regained his speech, he could gradually function more normally and was able to drive. He volunteered for the Salvation Army in Richmond, doing any jobs he could, including the kettles at Christmas. In spite of his physical problems, he made new friends and found ways to communicate. However, in 1996 he died, a victim of Hepatitis C through blood transfusion. Sarah stayed in Richmond while the children were at home but in the fall of 1999 she had an enormous garage sale and moved back to the North shore. Doing a walking reconnoitre of the area, she found St. Martin's and immediately started attending. She registered for St. Martin's Alpha program and was encouraged by Regula, Pastoral Assistant, to take on a leadership role for the next sessions. She still maintains e-mail contact with Regula, whose sermons she looks forward to reading. Sarah is also grateful to a very good friend in Britain who originally suggested Alpha to her.

Sarah's son, Adrian is getting married in Vancouver on July 9 to Tara, who Sarah already considers a second daughter, Vanessa, also lives on the North shore. She apparently inherited Sarah's love of travel, as she worked on the Holland America cruise ships for a couple of years, then joined Flight Centre. She was Manager of the Lonsdale Quay Flight Centre, but has now moved into their training department downtown. Like Sarah, who works out frequently at the gym, she is also interested in fitness.

Sarah was very reluctant to leave St. Martin's, but now finds it wonderful to be part of a growing church and community. She finds it exciting that we are all working together, creating a warm, supportive environment. She is looking forward to running the next Alpha Program in the fall and is happy to be part of the "Go" Committee. How fortunate we are that God brought Sarah's talents, dedication and optimism to us.

Florence Wilton

Recipe Corner

Lasagne

12 lasagne noodles
1 onion - chopped and one segment of a clove of garlic - pressed
30 ml (2 tbsp) olive oil
650 gm (1 1/3 lbs) lean ground beef
2 jars (700 ml each) pasta sauce - (I use Catelli Garden Select Pasta Sauce as this seems to be the best for this recipe).
500 gm (1 lb) ricotta cheese
1 pkg (300 gm) frozen chopped spinach, thawed and well drained
1 egg
175 ml (3/4 cup) shredded parmesan cheese.

Cook lasagne noodles according to package directions. Sauté onion and garlic in oil until tender. Add beef and cook until browned. Drain fat. Stir in pasta sauce. Simmer five minutes.

Combine ricotta cheese with spinach and egg.

Spread 1/4 sauce in 13"x9" baking dish. Top with three noodles, another 1/4 sauce and three more lasagne noodles. Spread cheese mixture over noodles. Top with three more noodles and 1/4 sauce. Cover with remaining three noodles and sauce. Sprinkle top with parmesan cheese.

Bake in preheated 180 degree C (350 degree F) oven for 40-45 minutes. Let stand 10-15 minutes before serving.

(Daphne Martin served this dish to her small group at a celebration Pot Luck on June 6. All members agreed that it was delicious and recommend it highly!)

Christian one-liners related to cooking and eating

Forbidden fruits create many jams.

God loves everyone, but probably prefers "fruits of the spirit" over "religious nuts!"

Be ye fishers of men. You catch them - He'll clean them.

Opportunity may knock once, but temptation bangs on your front door forever.

The Joy of Eviction by Rev. Ed Hird+ *(Ed Hird gave permission for reproduction in our Gazette of this article written for the June 2005 Deep Cove Crier).*

Joy is a strange thing. When you least expect it, it pops up. When you chase after it, it hides from you.

As many of you will know from reading the *Deep Cove Crier*, we the people of St. Simon's have been evicted from our own building and property as of May 31st 2005. After fifty-five years of worshipping at 1384 Deep Cove Road, we have been thrown out at the stroke of a pen by diocesan officials threatening to intimidate and bankrupt us with endless lawsuits.

Despite our holding title deed to the property and building, despite our being legally incorporated, despite our 'beneficial ownership' through having bought, paid for, and maintained the building, we have been evicted by a draconian ecclesiastical law (Canon 15) which allows our ex-diocese to allegedly remove our top leadership, replacing them with people that don't even attend our congregation.

After meeting with our gifted lawyer Bob Kuhn, we realized that our ex-diocese could drag this out for years in the courts, appealing again and again even if we won at the lower court level. Our former diocese has very deep pockets. With the BC Supreme Court cost being \$10,000 a day, we decided that this would not be a good use of our resources. We would rather focus on telling people about the love of Jesus. We would rather focus on reaching out to high school students, pre-teens, children, and newcomers.

Meeting on Holy Saturday, the day before Easter, the St. Simon's congregation voted unanimously, in agreement with the Church Council, to evacuate our blue church building as of May 31st, and to move our 9am Traditional BCP Service to Lions Gate Christian Academy (Maple Wood) for our June 5 Sunday services. Was this an easy decision to make? Not at all. It was like walking through the grief of Good Friday, being unjustly mistreated and abused. But the miracle is that when we voted in unity to move forward, a tremendous sense of joy and freedom was released.

I was reminded of Hebrews 10:34 which says that the early Christians 'joyfully accepted the confiscation of their property'. Joy in the midst of a great injustice makes no human sense. But it is very real. Was there any greater injustice than the crucifixion of Jesus Christ? Yet out of this tragedy came the victory and joy of his amazing resurrection. Such joy is exactly what the people of St. Simon's felt on Easter Sunday morning. One member said that he had never been in a more joyful, dynamic service in his entire life.

God surprises us with joy! But the key is that we have to be willing to turn the other cheek when we are despitely used by others (Matthew 5:44). We have to be willing to pray like Jesus on the cross: "Father, forgive them for they know not what they do." Like Stephen, we need to pray: "Lord, hold not this sin against them." Is it fair? No. Is it just? No. But it is the way of Christ to forgive and move on. That is where our joy is coming from. May that same joy touch you today!

The Rev Ed Hird, Rector, St. Simon's Church, ACIC. http://www3.telus.net/st_simons/

On a Lighter Note

REMEMBER THE DUCK

There was a little boy visiting his grandparents on their farm. He was given a slingshot to play with, out in the woods. He practiced in the woods, but he could never hit the target. Getting a little discouraged, he headed back to dinner.

As he was walking back, he saw Grandma's pet duck. Just out of impulse, he let fly, hit the duck square in the head, and killed it. He was shocked and grieved. In a panic, he hid the dead duck in the wood pile, only to see his sister watching. Sally had seen it all, but she said nothing.

After lunch that day grandma said, "Sally, let's wash the dishes." But Sally said, "Grandma, Johnny told me he wanted to help in the kitchen today, didn't you Johnny?" And then she whispered to him, "Remember, the duck?" So Johnny did the dishes.

Later Grandpa asked if the children wanted to go fishing, and Grandma said, "I'm sorry but I need Sally to help make supper." But Sally smiled and said, "Well, that's all right because Johnny told me he wanted to help." And she whispered again, "Remember, the duck?" So Sally went fishing and Johnny stayed.

After several days of Johnny doing both his chores and Sally's, he finally couldn't stand it any longer. He came to Grandma and confessed that he killed the duck. She knelt down, gave him a hug, and said, "Sweetheart, I know. You see, I was standing at the window and I saw the whole thing. But because I love you, I forgave you. But I was just wondering how long you would let Sally make a slave of you."

I don't know what's in your past. I don't know what one sin the enemy keeps throwing up in your face. But whatever it is, I want you to know something. Jesus Christ was standing at the window and He saw the whole thing. But because He loves you, He is ready to forgive you. Perhaps He's wondering how long you'll let the enemy make a slave out of you. The great thing about God is that He not only forgives, but He forgets.

-- Author Unknown

Transport

If you need a ride to your doctor's appointment, to the hospital or to the shops, I have a volunteer ready to take you during the day. Please contact me.

Sam MacDonald

From Day to Day at St. Timothy's

Altar Guild

Our thoughts and prayers are with Corinne Burns who is preparing for Jim's Memorial Service and Erica Barrett who is in hospital. As co-editors, we take this opportunity to acknowledge the wonderful work accomplished each Sunday by members of the Altar Guild, a small group of talented ladies. Preparing the altar and all that is necessary is a painstaking, detailed task, which they carry out every week to ensure that services run smoothly, that the altar is appropriately decorated and, in particular, that during Eucharist our hearts and minds can be focused on God and his gifts to us. Our heartfelt thanks go to all Altar Guild members.

Matthew Vondette and Florence Wilton

Coffee Hour

My thanks go to all the coffee conveners, all the goody providers and all those who make a contribution in the jar. Your efforts and generosity ensure great refreshments each week after the service and a float that covers expenses and allows extra to go towards refreshments on special occasions. Please would any coffee conveners who will be away this summer let me know which Sundays they will be absent so that I can organize a replacement? The Monday Home Group that met at Daphne's has offered to be available, as necessary, in the summer to replace absentees and I am grateful for their thoughtfulness. During my July holiday in Ireland, Florence has offered to look after refreshment needs that arise, so please contact her if you foresee any difficulties on July 10, 17 or 24.

Hazel Blacoe

St. Timothy's Ladies' Group

President: Linda Taunton
Vice-President: Myrna Teskey
Secretary: Ursula Vondette, assisted by Marion Van Dusen
Treasurer: Carolyn Edwards

We continue to gather on the second Tuesday of each month. Some recent events include:

- * **Our first Casual Dine-Out Dinner** held at the Cheshire Cheese Restaurant on April 29. We are hoping to plan another fun evening in July.
- * **Our Treasures & Craft Sale** held at the Delbrook Community Centre on June 11. Vera McLoughlin has kept us all busy organizing and helping. With the generous items donated by many of our members at St. Timothy's, success was inevitable! Special thanks to Vera and her team of volunteers. All proceeds made from this sale will be designated for Outreach Programs.
- * **Donations of baked goods** which are to be brought to church for the Mission to Seafarers on Sunday June 26.

Thank you for your continued support of our Ladies Group.

Linda Taunton

Youth Group

A lot has happened to me and to the youth group in the last two months. First of all, I have taken on a new last name. Then, I sprained my ankle. After that I caught a really bad cold (ok, married life is not that bad). As for the youth group, we have had indoor and outdoor events such as movie, hiking, scavenger hunt and outdoor games. But the most interesting event, I would say, was "Eat! Vancouver". We stuffed ourselves with lots of sample food and drinks. Some of us even went on Now TV. Definitely, we will do it again next year.

On Sundays, we have been following the "40 days of Community" series for the last six weeks. I hope that the group will continue to grow together, just like the ivy plants we have.

If you have any concerns about the youth group, or if you know anyone who would like to join the group, please give me a call at or email me

Rita Seiki, Youth Group Leader

Sunday School

We are coming to the close of the "formal" part of Sunday school for this year. We have just finished the 40 Days of Community and the children have also finished their daily devotions. I hope that the parents have participated with their children in this learning experience as it has been very rewarding. Thanks go to Sonya Bell for her wonderful and artistic creations of our memory verses each week. During the summer months, there will be Sunday school sessions for those children attending church. Thanks to the volunteers who will be doing this so that we can have a short break before the fall. As always, it has been an enjoyable year. If you wish to help in anyway during the coming year, please contact Carolyn Edwards or Patricia Young.

To continue the tradition of receiving a bible from the church for those who have become new readers, Emily Barrett will be presented with her Bible on June 26. Congratulations, Emily!

Audrey Haigh and Carolyn Edwards

Editors' Message

Our thanks go to all contributors, especially at this busy time. We hope that you will enjoy reading this edition, in which we have attempted to touch on all aspects of St. Timothy's. We hope also that you will find the enclosed [St. Timothy's Directory](#) useful. Please let Matthew know of any errors that may have crept in, so that they can be corrected. The next edition will be in September, so, if over the summer you come across a prayer, a recipe, an item of news or anything you think would be of interest to your fellow members, please send or hand it in. May you all receive many blessings this summer!

Matthew Vondette and Florence Wilton

Calendar Highlights

September 10 Church Council Visioning Meeting 9.30am to 3pm at John Collings'
September 11 Special Welcome Service
September 21 Alpha Banquet
September 30 Harvest Thanksgiving Supper

Amendments and Additions to St. Timothy's Church Directory, June, 2005

If you are aware of any changes, please contact Matthew Vondette