



St. Timothy's Gazette Lent 2011

Our Vision:

St. Timothy's **Vision** is to be a nurturing, biblically-based community growing Christ's Kingdom.

Our Mission:

St. Timothy's **Mission** is to:

Go out into the North Shore community to

Gather all ages into Christian fellowship,

so that we may

Glorify God in worship,

Grow to become more like Jesus Christ, and

Give of our time, talent and treasure to serve others.

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**Services held at Sutherland Church
www.st-timothy.com**

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St. Timothy's Anglican Church
Sunday Services at:
Sutherland Church
630 East 19th Street,, North Vancouver

First Sunday: Matins at 9 a.m.
Other Sundays: Holy Eucharist at 9 a.m.

Sunday Sermons are available on our website

Message from the Rev. Ken Bell

I don't know if it is the case with you, but I always feel that Lent sneaks up on me. We are given warning of Advent and Christmas several weeks out, usually just after Halloween. Lights, decorations, sales flyers and mall music all serve to give us a heads up. Lent just does not seem to get the same level 'coming soon' cultural attention. Perhaps because for those who practice Lent it is usually a season of paring back, simplicity, abstaining and restraint, (not words or ideas our consumption driven culture and economy usually tries to encourage).

At any rate, SURPRIZE! Lent is here; later than usual (latest possible in fact) but still here and still able to catch me at least, off guard.

Lent, like Advent, is a season of preparation. At Advent we prepare for a birth. It is a time marked with hope and joy, expectation and a little hesitation. No different really than when a young couple prepares for the birth of their first child, (you even decorate a room or two for the arrival). At Lent however, we are preparing for something quite different, not life but death, not a birth but a funeral.

For many Lent is a season of repentance and confession, a time to assess ones faith and consider ones maturity in Christ. It can serve as a spiritual spring cleaning. I stop watching as much TV or give up chocolate and start reading my bible more or maybe fasting once a week. These are all good things. But if this is all Lent is, is it enough? Is it sufficient? Does it reflect Christ and his preparation for his death, his Lent?

As we read through John's Gospel this Lenten season keep in mind the purpose of his book, "**Now Jesus did many other signs in the presence of his disciples, which are not written in this book; but these are written so that you may believe that Jesus is the Christ, the Son of God, and that by believing you may have life in his name.**"

Then when you read John 12-17 take notice of the change in tone, attention, and focus as Jesus enters his season of Lent. Pay careful attention to the words and ideas which are repeated, '*glorify, love, unity, serve, abide and believe*'. Why does Jesus focus on these? What does he want for us? How ought we to approach our Lent?

It is so easy in our life of faith, both individually and corporately to get stuck, stagnant, complacent in our faith; to think that faith is only about going to heaven when we die and feeling less guilt ('forgiveness') when we do wrong. To be in a place where we feel so comfortable that that which is meant to give life becomes a mindless act.

Scripture reading, daily quiet time, prayer, fasting, weekly worship, tithing, practicing the sacraments are all important, but they are not an end in and of themselves. They are a means to an end. Jesus calls us to something greater.

Our faith and our practices of faith are meaningless, vain repetitions of our vanity, if they do not *Reform, Inform and Transform* our daily living or develop within us greater character. If the way we think, our attitudes towards the poor, our unwillingness to change or be flexible, our grace towards other people, our manner of worship, the way we live our lives, our goodness and mercy towards those who hurt us, our encouragement of neighbour, our ability to sacrifice ourselves and our likes and our wants...if our actions remain *unreformed*, our thoughts *uninformed* and our character *untransformed* by our faith practices then we have failed to truly celebrate Lent and have failed to believe that we have life in his name.

I therefore invite you, in the name of the Church, to the observance of a holy Lent, by self-examination and repentance, by prayer, fasting and self-denial, and by reading and meditation upon God's Holy Word. May you receive it and inwardly digest it and may you be fully transformed by the renewing of your mind.

“Give me grace, O my Father, to be utterly ashamed of my own reluctance to pray. Rouse me from sloth and coldness, and make me desire you with my whole heart. Teach me to love meditation, sacred reading and prayer. Teach me to love that which must engage my mind for all eternity.”

John Henry Newman.

May your Lent be fruitful and faith filled.

Your Fellow Servant,
ken bell+

Daily Considering Jesus

I invite you to look up the following verses: Ephesians 4:1-16, Philippians 3:12-21, Colossians 1:24-29 and Hebrews 5:11-14. (...waiting for you to do so...done? Good!)

Did you notice a theme weave its way through these passages? (For those of you who chose to ignore my instructions and have just read on, I will have mercy on you because that is what the Lord has asked of me...). The theme is one of maturity, growing up to a maturing faith. The Lord wants us not just to believe in him but to become rooted in him, abide in him.

*And he gave the apostles, the prophets, the evangelists, the shepherds and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until we all attain to the unity of the faith and of the knowledge of the Son of God, to **mature** manhood, to the measure of the stature of the fullness of Christ, so that we may no longer be children, tossed to and fro by the waves and carried about by every wind of doctrine, by human cunning, by craftiness in deceitful schemes. (Ephesians 4:12-14)*

*Let those of us who are **mature** think this way, and if in anything you think otherwise, God will reveal that also to you. (Philippians 3:15)*

*Him we proclaim, warning everyone and teaching everyone with all wisdom, that we may present everyone **mature** in Christ. (Col. 1:28)*

*But solid food is for the **mature**, for those who have their powers of discernment trained by constant practice to distinguish good from evil. (Hebrews 5:14)*

Everything else we do in the church, in our faith and in our lives grows out of the depth of our rootedness in Christ. This rootedness and maturity does not just ‘happen’ it does require effort, intent and discipline on our part and it requires the generosity of the Spirit on God’s part.

Over the past several months you have heard me say that the ‘focus’ of St. Timothy’s over the next 18-24 months is to help everyone to “Daily Consider Jesus”. That is, we wish to provide various ways and opportunities for everyone who is a part of St. Timothy’s (regardless of your starting point) to grow and mature in your faith. This will look different for everyone. It does not just mean a daily quiet time or daily bible reading. It could mean these things but it is not limited to them. It might begin by intentionally looking for something beautiful each day that you can thank God for. Or it could be committing to saying the daily offices.

The following is an example of some the ways we hope to encourage and strengthen you:

- Regular Sunday attendance
- Daily/regular prayer
- Daily/regular scripture reading
- Pray one of the daily offices
- Participate in a weekly bible study/home group
- Participate in “Sermon Thoughts” online
- Join a discipleship ‘Triad’. A group of three people who will meet ‘regularly’, (might be just twice a month), to read a passage of scripture together and then encourage and pray for one another as you mature together, ‘as iron sharpens iron’
- Join the “Order of St. Athanasius” a lay order, committed to living a “Rule of life”.

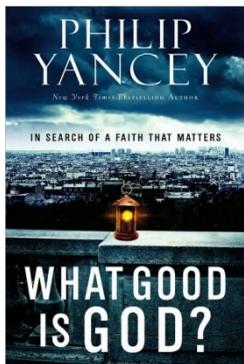
We also are looking for ways to engage those with artistic gifts such as painting, sketching, photography, poetry, writing, music and the like to come together and help us, as a church, enter into the beauty of God and his creation through artistic expression.

None of these practices are to be the ends or goal to themselves; they are to be a means to help us mature in our faith as we strive to *daily consider Jesus* in all aspects of our day to day living.

If you have questions or comments please ask me.

Your Servant in Christ
ken bell+

Book Reviews



While searching through books at my local library on religion and faith, I recently came across a newly published book by well-respected author Philip Yancey, “**What Good is God? - In Search of a Faith That Matters**”. I enjoy Philip’s books as I find that they are usually a fairly “easy” read and they attempt to answer questions

that I often have about my own personal faith struggles. To quote the book cover, “What good is a God in a world where terrorists attack tourist sites in Mumbai, where women and children are sold into slavery, where a gunman kills 32 students and staff on a college campus, and where six million people in South Africa alone suffer with HIV/AIDS.” Each chapter of the book introduces this question in light of different situations and places around the world where Philip is visiting and then Philip includes the “speech” that he delivered while he was visiting this area. I particularly enjoyed the chapters on the church in China and in the Middle East. Consider reading this book, it will provide *some* answers to your questions and it will give you lots of “food for thought”.

“What good is God? “is an open question whose answer God has invested in us his followers. We are the ones called to demonstrate a faith that matters to a watching world.” - Philip Yancey

Patricia Young

Giving Church Another Chance: By Bishop Todd Hunter

After decades as a pastor and involvement in church leadership, Todd Hunter found himself disillusioned, burned out and needing to drop out of traditional forms of church. He experimented with house churches and other options but was still dissatisfied. He also knew that he was not alone in his feelings. He continued to love Jesus and serve the church, but ‘going to church’ was another story. Eventually he found himself sneaking off to worship services on Sunday mornings with surprising results. This is his story of his discovery of liturgy and other historic practices of the church, and it might just lead you to give church another chance too.

Accidental Anglican: By Bishop Todd Hunter

In this book Todd chronicles his journey from the Jesus People movement of the 1970’s to national leadership in the Vineyard and Alpha to eventually becoming an Anglican Bishop. While he admits it was not a journey he necessarily set out on, he traces the woven tapestry of Anglicans who influenced his theology, ecclesiology and ideas of leadership as he stumbled into Anglicanism. Along the way he explains why an evangelical Christian might be drawn to the liturgical way.

Generous Justice- How God’s Grace Makes us Just: By Timothy Keller

It is not unusual to hear people express the belief that the Bible is one of the greatest hindrances to doing justice. It is full of regressive views on women, sexuality and power. It has been used to condone slavery, war and even hatred towards minority groups. So why would anyone look to the Bible for guidance on how to have a more just society? But Timothy Keller sees it another way. In "Generous Justice," Keller explores a life of justice empowered by an experience of grace: a generous,

gracious justice. Here is a book for believers who find the Bible a trustworthy guide as well as those who suspect that Christianity is a regressive influence in the world.

ken bell+

Council Update – Lent 2011

This Council's Report coincides with St. Timothy's 7th Annual General Meeting and our first at Sutherland church. At every Annual General Meeting we have an election of church officers. Most are freely elected, a few are appointments, but all must be confirmed by the membership. We try and stagger the dates and terms of the positions to maintain continuity and there are maximums on terms served. This year all of the positions to come up are filled by the incumbent with the exception of the Grow position. Grow has seen wonderful changes in the Sunday school with the move to Sutherland and the hiring of Christina Hodson as Children's Ministry Assistant. The library is open, Monica has more books to catalogue and display and there will still be room for growth. Patricia tends the growing film library. There are now six small groups headed by John, Sarah, Ron & Carolyn, Paddy, Patricia, and +Ken & Sonya that are meeting on a weekly basis studying different topics according to the interest and need of the group. There's room to grow in Grow! It's a happening ministry and if you have ideas you may be just the person we're looking for to take it to the next level.

The Gather ministry's pastoral care group has Dara working with Ken+ to try and improve lines of communication with the goal of ensuring no one is overlooked. Hazel's coffee organization is amazing and will be putting on a reception for our +Bp Silas who will be visiting St. Timothy's on April 17th. Samantha leads the prayer ministry and oversees the list of people we pray for each Sunday. The Ladies Group meets monthly and enjoys attendance of 12-14. Audrey leads this industrious group.

Matthew heads up Glorify and Jonathan the Go team. Glorify includes all the various components of worship including the Altar Guild, tended by Corinne. Our staff currently comprises +Ken our priest (as if you didn't know that!), Angela our Director of Music Ministry, and Christina our Children's Ministry Assistant. There is change afoot with our staff as our beloved Angela has given notice ending four years of celebration with us. While Angela and Jason have struggled with the commute to make our 9 am service that struggle has not been evident at church services. By all accounts from the congregants and choir this advent and Christmas season has been the most wonderful yet. Over the four years Angela has accomplished much with our worship music and elevated the choir to new heights of achievement. She has done much to be proud of and we will all miss her and her family; they leave with our best wishes and may God bless them.

At every Annual General Meeting the members of St. Timothy's vote on the annual budget. St. Timothy's has always been fortunate in having sufficient funds to meet not only our needs but also to contribute a double tithe: one to Give team who direct our parochial outreach and one to the Rwandan mission church umbrella we are a part of. Examples of our giving can be found in the audio/visual equipment on the children's ward at Lions Gate Hospital and \$4000 of books in a theological college in Rwanda. This year we gave \$15,200 towards supporting 16 students in Rwanda, the Harvest Project, the Victoria Table church plant, the Squamish church plant, A Rocha, a coffee washing station in Rwanda, and other causes. This giving and church support is separate from the funds the Ladies Group raises throughout the year which are donated to projects of their choice including the Harvest Project. And so we are blessed; we are blessed to be able to give. This makes us a blessing to others. At the same time we have been able to build our Vision Fund with a view towards more permanent facilities. All of this giving and saving happens on top of our expenses which are pretty much known before the budget is drawn up. Your council draws up a budget based on the pledged giving of the membership and the membership is

given the opportunity to either support the budget by free vote or send the council back to the drawing board. This is your money given for God's purposes and we ask Him to bless the offerings every week. You do still have a say in how it is spent, saved, or given, and with your support we will continue to be the little church that could.

Our last missions trip was to Clinica La Esperanza at San Quintin, Mexico in the summer of 2008. There is a mission trip leaving for Rwanda June 6th and we look forward to their report back. There is much to do and no lack of opportunity for ministry and support here in our community, abroad, in our church family; in our own families. Certainly we have been given these great causes we are supporting and with God's grace we will continue.

Respectfully submitted by your 2010 Church Council: +Ken Bell, Nancy Vondette, Ron Barrett, Ron Edwards, Leddy Lilley, Jonathon Seiki, Daphne Martin, Matthew Vondette, Sarah Lucas & Rami Nader.

From The Table, Victoria

"For they themselves report...how you turned to God from idols to serve the living and true God, and to wait for his Son from heaven, whom he raised from the dead, Jesus who delivers us from the wrath to come."

1 Thessalonians 1:9-10

I was so proud to be able to share with you a few Sundays ago how God has used you at St. Timothy's to share the gospel with my friends Jim and Camden and how they have recently both made decisions for Jesus. St. Timothy's has been absolutely central in partnering with the ministry of the Table in sharing the gospel here in Victoria. Sure, we're separated by a large channel filled with man-eating Orcas (fact check) but your prayers, financial support and love for us, not to mention your rather central involvement in my ordination process, has all coalesced to produce much fruit here on the island.

Right now we have 7 home churches that meet around the city. These gatherings consist of anywhere from 6-18 people, most Christians some not, who share a meal together, crack open their Bibles, pray for one another and learn how to experience the risen Christ in their midst. We have 7 home church lay leaders who are being trained on the job and challenged in their personal discipleship (how to be better followers of Jesus). It has been so rewarding to see their hard work pay off as new people trickle in to our BIG Table service we hold every other week.

It is important for me to make it clear to our leaders as it is for me to make it clear to you that God has used you in a special way to turn people here from idols to the living and true God AND that He has used you to spread His Word which is at work in those who believe here in Victoria.

Many blessings to you all,

-Rev. Andy Withrow

Reports from our "G"s

Gather Group

Gather all ages into Christian fellowship

In the past few months, the Gather Committee has continued its work planning for and hosting various events for the St. Timothy's family.

On December 5th, our Christmas Party was held at Laura Lynn. Audrey once again did a marvellous job co-ordinating the potluck dinner as well as cooking the salmon and turkey. Thank-you, Christina, for being in charge of the children and thank-you to the entertainment team who led us in the carol sing-a-long.

On February 20th, we said good-bye to Angela, Jason and Andreas with a small celebration during the coffee hour. We are sorry to see them go.

Looking forward, the Shrove Pancake Supper will be held at Sutherland on March 8th starting at 6:00

p.m. Plan to come and enjoy the pancakes and sausages!

Bishop Silas will be visiting St. Timothy's on Sunday, April 17th. To mark the occasion, we plan to have a potluck brunch following the 9:00 a.m. service.

Our anniversary/summer BBQ will be held on Sunday, June 5th. Because of our move to Sutherland, there are still some arrangements to sort out regarding the time, place, etc., for the BBQ. Watch for further information in the bulletin.

Our Pastoral Care team led by Dara and Myrna provides a very important ministry to our church. Please contact any member of the Pastoral Care team if you feel they can be of assistance.

As Ken reminds us each Sunday, St. Timothy's is a church that believes in the power of prayer. Prayer meetings are now being held at Sam MacDonald's on Fridays at 1:30 p.m. All are welcome whether as a regular attendee or as a drop-in.

Finally, we hope that Hazel will soon be able to return to oversee Coffee Hour. We have missed her cheery presence and her humour. Get well soon, Hazel!

Daphne Martin

Ladies Group Report

St. Timothy's Ladies Group have been meeting this year at Sutherland Church on the 2nd Monday of each month and enjoying fellowship, a cup of tea and planning the year's various fund-raising activities.

Surprise – Surprise – At our 14th February Valentine's meeting, Ron Edwards and friends from his barbershop quartet moved our hearts with two songs that they sang as they presented each lady with a red rose. Thank-you Ron for such a wonderful surprise! Our main goal besides enjoying each other's company is to raise money in support of local and international outreach projects.

Listed below are various fund-raisers and speakers that we invite the parish to join us in so we can continue to support our outreach programs.

At our next meeting, Monday 14th March at 1.30p.m. we have invited Paul Butler to come and give a talk and update on the **Northshore Youth Safe House**. Any member of our church (male or female) are invited to come and hear about the work they are doing with our Northshore Youth.

This Lent we are again supporting our Kids for Kids Program in Rwanda with our **Lenten Awareness Program**. We hope that many of our congregation will participate in a fun way of counting up for instance the number of shoes, light bulbs, TV,DVD players, pets plants and other "North American must-haves"- if you have small children it's a fun game that they can participate in and watch how those pennies fill the jar and will go towards a high school education for boys and girls in Rwanda. Check the centrefold of this newsletter for the leaflet for your home.

On **Mothering Sunday** on Sunday 3rd April we will hold our Cupcake Sale during Coffee Hour. Be sure to browse our bake table for some special treats. Proceeds to Northshore Youth Safe House.

We will be holding our very popular **Guess Who's Coming for Dinner** in the last week in April. Cost of the dinner will be set at \$25.00 – if anyone wishes to donate in addition (where else can one purchase a three course meal with wine for \$25.00) – all proceeds will be divided 50% to St. Timothy's Vision Fund and 50% to outreach projects with a tax receipt issued for donations over \$25. Menus will be provided on the sign-up sheets -
Easter Monday 25th April – Audrey and Peter Haigh - Dinner
Friday 29th April – Carolyn and Ron Edwards - Dinner
Saturday 30th April – Linda and Gerry Taunton – Wine Tasting/Eats

Games Night with refreshment is to be held at Sutherland Church on May 13th. We hope that many will come out and try their hand at whist, scrabble, crib or other exciting games.

Audrey Haigh

Glorify Reports

GLORIFY: God in worship

Altar Guild

Guild members are busy preparing for our Lent and Easter Services. As many members serve on other committees, new members would be welcomed. Two are required for Matins services, and four members are needed every Eucharist Sunday – two on Credence preparing the Eucharist and two setting up the Altar and flowers. We prepare the Altar Saturday mornings, which takes approximately 25 minutes for Sunday service, and spend 15 minutes clearing away to allow Sutherland to have their service. If we have enough members, it means you would only be on duty once each month.

We thank all members who donate flowers to help beautify our services. Flowers won't be required during Lent. Donations for Easter flowers, April 24 would be appreciated. You are invited to add your name on the flower chart on dates especially important to you, when you wish to supply flowers. Please tell Corinne the colour and type of flower you wish, place your donation in the offering envelope marked Altar flowers, and let Florence know what you would like her to put in the leaflet – and thank you!

Our dedicated members are: Carol Anderson, Corinne Burns, Pres., Joan Buss, Norma Johansen, Anne Kong, Jennifer Kincaid-Smith, Lois Knight, Sarah Lucas, Vice Pres., Bea Messinger, Myrna Teskey, Marion Van Dusen and Ursula Vondette, Secretary.

Members consider this ministry and their role a privilege and honour. If you are interested in becoming an Altar Guild member or would like

further information, please contact Corinne or Sarah.

Corinne Burns

Grow Reports

GROW: to become more like Jesus Christ

Greetings from the Children's Ministry at St. Timothy's!

I give praise to God that He has blessed us at St. Timothy's with this group of children. Throughout the past year and especially since the fall, the teachers have noticed that the children seem to be retaining more and more of the lessons taught.

In the fall the children explored the story of Moses. From Moses' rescue by Pharaoh's daughter at his birth to Moses and the Israelites being exiled into the desert for forty years, the children have learned about having faith and trust in God, even when life is difficult.

The children's understanding of the Fruits of the Spirit (that we journeyed through in the summer) was also reiterated throughout the stories of Moses. The children were asked by the teachers each week to view the story through God's commandment to "Love God and to love your neighbour as yourself". Each week the children seemed intrigued to discover which character in the Moses story was able to keep these commandments. This enthusiasm and attention to each Bible story has been consistent from the children.

After our Christmas, the children have explored the life of Jesus. From His birth and now coming close to his death, the children have maintained that perception of God's commandment to "love God and to love their neighbour as themselves".

Overall, the teachers have noticed an excited and involved vibe from the children while they are in

Sunday School. I know that because of the love and care that they experience from the members of St. Timothy's and through the love and commitment that the teachers demonstrate every Sunday, that these children will truly "taste and see that the Lord is good"!

Blessings,

Children's Ministry

Christina Hodson
(Children's Ministry Assistant)

Adult Education:

Small Groups:

If you are not already a member of a small group, please consider joining. If you are interested, please speak to either Patricia Young or Sarah Lucas, or contact one of the group leaders. If you would like a different time or topic, please speak to Patricia or Sarah. Small groups give us an opportunity, not only to spend time studying the Holy Word and developing our relationship with God, but also to spend time in fellowship and in prayer together.

The groups meet as follows:

Mondays, 7:00-9:00 p.m. Meeting at Ron and Carolyn Edwards' home. Info.: Topic: "The Kingdom of God" by Greg Jao

Tuesdays, 7:00-8:00 a.m. Men's Breakfast Meeting at the Holiday Inn Restaurant, N. Vancouver. Info: John Collings.

Tuesdays, 7:00-8:00 a.m. Women's Breakfast Meeting at the Holiday Inn Restaurant, N. Vancouver. Info: Sarah Lucas.

Tuesdays, 9:30-11:00 a.m. Meetings at Florence Wilton's. Info: Topic: "Meeting the Spirit" by Douglas Connelly.

Tuesdays, 9:15-11:00 a.m. Meetings at Patricia Young's home. Info: Topic: "How Do You Walk the Walk You Talk" – an inductive study of Ephesians.

Tuesdays, 8:00-9:30 p.m. Meeting at the Bell's. Info: Ken or Sonya

Sarah Lucas

St. Timothy's Film Ministry: Film Ministry Report

Acts 17: 22So Paul, standing in the midst of the Areopagus said: "Men of Athens, I perceive that in every way you are very religious. 23For as I passed along and observed the objects of your worship, I found also an altar with this inscription, 'To the unknown god.' What therefore you worship as unknown, this I proclaim to you. 24 The God who made the world and everything in it, being Lord of heaven and earth, does not live in temples made by man, 25nor is he served by human hands, as though he needed anything, since he himself gives to all mankind life and breath and everything. 26And he made from one man every nation of mankind to live on all the face of the earth, having determined allotted periods and the boundaries of their dwelling place, 27 that they should seek God, in the hope that they might feel their way toward him and find him. Yet he is actually not far from each one of us, 28for 'In him we live and move and have our being as even some of your own poets have said, for we are indeed his offspring.'



Areopagus from the Acropolis (Athens) - where the Apostle Paul delivered his famous speech

I was recently given an interesting article to read from "The Anglican Planet" on film and faith titled "Meeting God at the Movies". The authors, Steve Page and Julie Golding Page, (Priests-in-Charge of Mission of Hudson Bay and Arborfield in Saskatchewan), suggest that Paul's stirring

evangelistic speech to the Athenians (Acts 17- see quote above) reveals how their own culture, through the thoughts of their poets and their buildings to an unknown God actually anticipates a relationship with God. Paul also sensitively and clearly points our linkages with God's love and desire for these people to know Him. From this premise the authors propose that film is one way contemporary Christians can follow in Paul's footsteps. "To do so is not to accept the greater culture wholesale, nor to reject it wholesale, nor even to try and change it wholesale". Instead they suggest a different approach. To look at film as a cultural artifact and evaluate the film for the following:

- Connection or disconnection with the Gospel
- Engaging with others, to communicate God's love and hope in non-threatening ways
- Remembering always that God has been and will continue to be there in the culture and in the people with whom we engage, working in the most surprising ways to transform his good yet tarnished creation

Update: The following films have recently been added to the collection. They are actually all fairly old films, but as the saying goes, "they are oldies but goldies"!

Chocolat (2000) A woman and her daughter open a chocolate shop in a small French village that shakes up the rigid morality of the community.

Chariots of Fire (1981) The story of two British track athletes, one a determined Jew, and the other a devout Christian who compete in the 1924 Olympics. This DVD includes a second DVD with some phenomenal special features.

Grand Canyon (1991) The story revolves around six residents from different backgrounds whose lives intertwine in modern-day Los Angeles.

Patricia Young

St. Timothy's Church Library: From the Church Library

One of my favourite reads during the past year has been Trevor Herriot's poetically written book: "**Jacob's Wound: A Search for the Spirit**

of Wildness", so much so, that I have placed a copy of this wonderful book into our Church Library. I believe many who love spirituality and nature will enjoy reading it. I do hope to be able to be able to also acquire a copy of Trevor Herriot's first book, the multiple-award winning "**River in a Dry Land: A Prairie Passage**", for the library, as the book is clearly the forerunner to "**Jacob's Wound**."

Trevor Herriot's first book about the Qu'Appelle River Valley, "**River in a Dry Land**," was highly acclaimed by reviewers when it was first published in 2000 and went on to win four awards: the Writers' Trust Drainie-Taylor Biography Prize, the Libris Award for Best First-Time Author, the Saskatchewan Book of the Year Award, and the Regina Book Award. It was also shortlisted for the Governor General's Award for Non-fiction.

Here is a short book review from Publishers Weekly on "**Jacob's Wound**" -

<http://www.publishersweekly.com/978-1-55591-616-9>

In a series of meditations on nature and wildness, religion and spirituality, sojourning and home, Trevor Herriot demonstrates both the contemplative mysticism that returned him to his Catholic roots and the sharp eye of a naturalist distinctly aware of his physical surroundings. In the first half of the book, "*Ascending Hakkarmel*," Herriot describes the intimate practice of living occasionally in a tipi on "*the Land*," his family's retreat, in chapters alternating with meditations on the Bible, such as the conflict between Jacob and Esau, and religious or spiritual teachings and experiences, such as Teilhard de Chardin's.

In the book's second half, titled "*From Mount*

Carmel," the author continues, in writing that is lush and evocative, to toggle between personal anecdote and thoughts on scripture and religious tradition. The chapter titles of this half, such as "*Wild Grace*," "*Scapular 1*" and "*Into the Presence of God—1. Descend*," belie the author's poetic style. Herriot provides, rather than a sustained ecological or theological argument, an engaged reflection on nature and God.

"**Jacob's Wound** is an extended posture of supplication, a benediction voiced into the wind. Trevor Herriot stands, extends his arms toward heaven and earth, and draws the spirit toward its home in the heart." ~*Ross A. Laird*, "*Globe & Mail*, October 30, 2004"



"As for me, I would seek God,
and to God would I commit my cause,
who does great things and unsearchable,
marvelous things without number..."
(Job 5:8-9)



Monica Craver

Simple Prayer by Richard J. Foster

There are three movements of prayer- Inward;
Upward; Outward

Healthy prayer encompasses earthly walks, talks,
washing windows, talking to the neighbor, playing
with the kids, loving our spouse.

"True, whole prayer is nothing but love". St.
Augustine

"He prayeth well, who loveth well". Coleridge

To pray is to change. This is great grace. How good
of God to provide a path whereby our lives can be
taken over by love and joy and peace and patience
and kindness and goodness and faithfulness and
gentleness and self-control.

The movement inward comes first because without
interior transformation the movement up into God's

glory would overwhelm us and the movement out
into ministry would destroy us.

"Pray as you can, not as you can't". Dom John
Chapman

There is a deep chasm between our desire to pray
and our actual praying. We experience the agony of
prayerlessness. We are not certain what holds us
back. Part of the difficulty is that we approach
prayer the same way we do algebra. We want to be
competent and in control. To pray is to relinquish
control, "to be willing to be naïve." Emilie Griffin

We come to prayer with a tangled ball of motives—
altruistic and selfish, merciful and hateful, loving
and bitter. It is impossible to fully unravel the ball
on this side of eternity. Grace not only saves us, it is
the state in which we live and, as a consequence,
God will hear our prayers. We pray by grace. Just
as We Are. God receives us. God accepts our
prayers. We cannot offer a bad prayer.

We are the focus of our Simple Prayer: our needs,
wants, concerns. Simple prayer is the prayer of
beginning again. Making mistakes and starting
again. See Moses in Numbers 11:11b-12. In the
midst of these self serving prayers are the most
noble prayers of the human spirit. See Moses in
Exodus 32:32; Elisha in 2 Kings 4:16 and Psalm
119:97.

In simple prayer it is all there, beginning where we
are. The practice of simple prayer: what, where,
how? We begin right where we are in our families,
jobs, with our neighbours and friends. In Moses and
the burning bush, God had to tell him to take off his
shoes because it was holy ground. Right now, where
we stand is holy ground.

*Dear Jesus,
How desperately I need to learn to pray. And
yet when I am honest, I know that I often do
not even want to pray. I am distracted! I am
stubborn! I am self-centred! In your mercy,
Jesus, bring my "wants" more in line with my
"needs" so that I can come to want what I
need.*

*In your name and for your glory, I pray.
Amen.*

Contributed by Florence Wilton

Update from Sharyn Thomson February 27, 2011

Thank you so much for your prayers over the past month. I have continued to experience a sense of peace that this is the right place for me to be. As for where I will live and what I will do in the long term, I am confident that the Lord will make all things clear in His time.

At least one of the 'unknowns' when I returned to Burkina has been made clear: The election for Branch Director for 2012-2014 took place at our Conference earlier this month (Feb 7 – 12) and I was not elected. Rather, the current Director was re-elected for a second term. This was the result I was expecting so I am not disappointed, and there is at least one less 'unknown' in the future!

At the moment, I am in the village, where we are in the midst of the first read-through of the New Testament. Praise the Lord for the 15 good readers, representing all the denominations involved, who have come to Ouarkoye for this session. It was lovely to watch the expression on their faces as they held the entire Buamu New Testament in their hands for the first time. Pray that they would not just read the text but that each one might hear what God wants to say to them. This is the first of two 2-week sessions planned for read through. However, we got off to a slow start and are beginning to wonder if we underestimated the amount of time it will take. The group seemed to be getting into a good rhythm by the end of the week though. Please pray that we would continue to make good progress during the coming week.

Just before we left Ouaga, Emmanuel and I realized that we will need to design and submit another funding proposal for the next 2 – 3 years. This phase will focus on completing the work that is in progress, such as the Old Testament portions for the lectionary, as well as additional materials and activities that will help encourage the use of New Testament when it arrives next year. The submission deadline is fast approaching! Please pray that Emmanuel and I would have the strength and wisdom needed to complete this on top of everything else.

I will travel back to Ouagadougou on March 8th and plan to spend about 3 weeks there for an on-line training session and to work on my thesis. Please pray for a safe and uneventful trip back to Ouaga and that I will make good progress on my thesis during that time.

Parishioner Profile – Peter and Audrey Haigh

Audrey Squire was born in a village near Exeter, Devon, a farmer's daughter with one sister, three years older. She thinks that being brought up on a farm was an idyllic childhood with lots of animals, trees and all the freedom of the countryside. She attended a private day school until 12, then a very good Church of England girls' boarding school. A shy child, she feels that her secondary school experience helped make her more outgoing. The fact that she made friends with other boarders from around the world influenced her future life, encouraging her to travel. Her family belonged to the local Anglican Church, where Audrey was actively involved in the Sunday School.

After graduating, she went off to business college to learn secretarial skills, then got her first job as a steno in the Pathology Department of the Royal Devon and Exeter Hospital. She enjoyed the work and learned many medical terms, but after three years decided to travel to Australia to visit a school friend. In 1966, she went by ship on a two-year return ticket through the Suez Canal, lived with her friend in Sydney and worked for a heart physician. She attended the Anglican Church in Sydney, but found the local Presbyterian Church more active and suited to her needs. After a year and a half she took a wonderful bus trip around Eastern Australia. Passengers slept in tents overnight near the bus (or on the bus) and could stay as long as they wished at the various stops en route as they could wait for the next bus to come around. She traveled north up the East coast past the Great Barrier Reef, then came south through Alice Springs. She fell in love with

Australia and decided that after visiting England and her family, she would return on a special 10 pound sterling scheme, in which her travel would be paid for if she stayed longer than three years.

Audrey decided to use her return ticket to go back to England via the United States and got a Greyhound Bus Pass which allowed her to travel 99 days for \$99. Since the English were made very welcome in the States, Audrey had a marvelous time, wondering at the diversity as she visited many different states with a wide variety of people, scenery and climate.

Back in England in 1968, she decided to spend some time in London with Australian friends who were over on a world tour. They had a great time exploring London and visiting heritage areas, the main disadvantage being that they found it so cold with coin-guzzling meters for gas or electricity. Wanting to make more money before returning to Australia, she decided it was easier to make money in the States, so applied, but was turned down. Then she applied to Canada and was accepted to come to Vancouver. She came by boat to Montreal, and then sat up on the train across Canada. Once in Vancouver, she got a job at V.G.H. and worked there from March 1969 to December 1972. She attended the Anglican Cathedral led by Dean O'Driscoll and enjoyed the Wednesday evening College and Careers' Group, where she met Peter Haigh.

Peter was born west of Manchester and had one sister, Heather, who was two years younger. When he was four, his parents decided to emigrate to Australia using the ten pounds scheme, encouraged by one of his father's Australian war buddies. They settled near Launceston, Tasmania, an apple orchard area, and Peter attended a very rural one-room school while Douglas, his father, worked in a record store. After 18 months, Douglas found a job in his field, a pulp mill job in Burnie, and Peter went to the local school. The family attended St. George's Anglican Church, which had royal blue choir robes

associated with the Royal School of Church Music and used English books and hymnals. Peter started serving in church when he was 8 and has continued serving to this day. His maternal grandparents came out to Tasmania to spend a year with them.

In 1963, the family moved to Vancouver to be closer to relatives of Peter's mother, Anne's relatives, the Sagers. Douglas came first and found a job, then Anne, with Peter and Heather, arrived on the Oriana in July, 1963. Peter attended Lord Byng for two months, then Delbrook for two months. Shortly afterwards, Douglas' firm sent him to Ceylon (now Sri Lanka) for 2 years, so at 15, Peter went on another adventure. The whole family attended the local Anglican Church, sometimes going to services in English and sometimes Tamil. The hymns seemed to have more verses in Tamil, so Peter and family just repeated the English words twice or more. His education continued by correspondence course from Victoria. He did Grades 10 and 11 in Ceylon, then continued to do Grade 12 by correspondence in North Vancouver. He finished Grade 13 in North Vancouver High.

After graduation, he attended BCIT for two years' study of Instrumentation (now part of Electronics). His first job was with Fischer and Porter selling instruments to pulp mills, mines and communities in BC. He attended St. Martin's, where he organized the servers. In 1968 the family decided to attend the Cathedral and Peter went to the Wednesday College and Careers group Program where he met Audrey. They were engaged on Christmas Day, 1970 and married in 1971. One common interest was the love of outdoor activities, which has continued to the present. They lived for two years in a basement suite in S. Vancouver, from which Audrey could walk to work at the hospital. From 1972-76 they owned a small house in Burnaby and had a flourishing vegetable garden. Then they moved to Edgemont Village and joined St. Catherine's, ideal for their three sons, Christopher, born 1972, Malcolm, 1975 and Julian, 1982.

Peter moved to outside sales and took courses in management. Since then he has worked in project management mostly with pulp and paper mills. His love of the outdoors led him to volunteer for North Shore Rescue, on which he has served for 20 years. He also became interested in genealogy and has traced both his own and Audrey's family, the latter back to 1575, farming in Devon. In total he has researched 43,000 names. Audrey was a stay-at-home mum, who became involved in any activities to support the boys, which included being Cub Leader, band supporter, drama organizer, choir supporter and many other volunteer duties. Some major ventures were being a Sunday School Teacher, work she had also done in England and Australia, and supporting the start-up of Collingwood School. Together, Peter and Audrey helped run a Marriage Preparation Program for 10 years. They taught 20 couples at a time, 4 sessions a month, focusing on preparation for all aspects of married life.

Audrey over the years took in many overseas students for home-stay, finding the different nationalities very interesting. She has

volunteered extensively at Harvest Project, initially in the kitchen helping people prepare nutritious low-budget meals and now as a receptionist, a job requiring a great deal of patience and understanding. Audrey enjoys cross-country skiing with the West Vancouver Senior Centre and sings in a community choir.

At St. Timothy's, Peter and Audrey are very active, with Peter serving, being part of a set-up team and editing St. Timothy's Gazette. Audrey leads the Ladies' Group, is part of the Pastoral Team, a Small Group and the Prayer Group and coordinates church events like the Pancake Supper, the Harvest Supper, the Christmas Party and the Anniversary Lunch. Together, they sing in the choir and helped start the church hiking group. They feel that they have been richly blessed by the leadership and guidance of Rev. Paul Carter and Rev. Ken Bell, who have helped their faith to grow. They both appreciate the wonderful people they meet at St. Timothy's. We are grateful that Audrey and Peter choose to share their God-given talents with us and know that our church is much stronger for all their dedication.

Florence Wilton

Fond Farewell to Angela, Jason and Andreas

On Sunday 20 February, we gathered after our service to celebrate the four years that Angela has been leading our musical program at St Timothy's. We have been blessed over that time by Angela's musical talents, and with her background continued our foray into a mixture of contemporary music to augment our old favourites and classical repertoire. Her patience at choir practice, her selection of appropriate music for the liturgical season and her postludes have made St Timothy's a musically rich place of worship. As a congregation we are most grateful for the richness Angela's gifts have enhanced us in our shared church experience. We wish her, Jason and young Andreas God's blessings on their next church endeavours, perhaps nearer their home location in Tsawwassen



The Choir – Sunday 20 Feb 2011



Farewell Party 20 Feb 2011

Climbing or Slipping?

For this reason we also, since the day we heard it, do not cease to pray for you, and to ask that you may be filled with the knowledge of His will in all wisdom and spiritual understanding; that you may walk worthy of the Lord, fully pleasing Him, being fruitful in every good work and increasing in the knowledge of God

[— Colossians 1:9-10](#)

A father was talking with his daughter and her five-year-old-friend, Kristin, about birthdays. As it turned out, Kristin's birthday was just three days after his birthday. So he said to the little girl, "You know what, Kristin? Our birthdays are only three days apart!"

She looked at him for a moment and said, "Yeah, but you grew much faster than I did."

Why is it that we see more spiritual growth in the lives of some followers of Jesus and less in others? Every believer is either progressing or regressing spiritually. We are either growing, or we are drawing back. We are either gaining ground, or we are losing ground. It has been

said the Christian life is like a greased pole: you are either climbing or slipping.

The bottom line is that it is really up to you as to whether you will grow spiritually. While it is true that God wants us to grow in our faith and wants us to deepen our knowledge of Him, He has also given us a free will. When we get ourselves aligned with the will of God and start walking accordingly, spiritual growth will begin to take place. So if you want to do the things that lead to spiritual growth, you will do them. You will make time for what is important.

And what is God looking for in our lives? He wants to see spiritual fruit. That is what it is all about: being a fruitful Christian, a growing believer. Jesus said, "You did not choose Me, but I chose you and appointed you that you should go and bear fruit, and that your fruit should remain . . ." (John 15:16).

So how are you doing in that regard? Are you bearing fruit? Are you growing spiritually?

Greg@harvest.org contributed by **Samantha Owen-MacDonald**

Higher Spirits Hiking Group

St Timothy's Hiking group has been active over the winter with a couple of jaunts into our local mountains. We are so blessed to have such beautiful nature on our doorstep, and many of us relish the joy of getting out into the back country. Anyone interested in joining us, please contact John Collings or Peter Haigh.



St Marks Lookout, on Howe Sound Crest Trail 22 Jan 2011

Update on the life and antics of Chloe!

Dear Friends!

Firstly, MASSIVE apologies for my total silence for the last (almost) 6 months – I can't believe it has actually been that long!!!!!! It has definitely been a case of hitting the ground running since landing back in September.

It has been surreal and wonderful to be back in the UK. There was a huge element of culture shock at first. I hadn't realised how much I had learnt and changed in Canada. I have weeks when I am very homesick for you all and life in Vancouver, not to mention my family!! But life here is full and very pleasing, so the weeks have gone by *very fast*.

So, in brief (or not so brief), here is my life since leaving Vancouver:

First Weeks:

Landed, caught up with friends and family, applied for jobs, sorted out house, a bed to sleep on...etc. Moved in to our house in Oxford and immediately gelled with the other 5 in the house – it is AMAZING that 6 strangers get on so well, a real gift from God. After just a few weeks we became very close – there is a LOT of laughter in our house. We eat together every day and each has a night of the week when we cook for each other. In the house there are 2 boys and 4 girls. We are all working with children and youth in various capacities, youth workers, trainee primary and secondary teachers, school admin, nursery managers and church interns.

Church:



I church-hopped a bit for a month but as 4 of my housemates (including another girl called Chloe!) were going to St. Andrews, the large local C of E church, I ended up settling there too. It is a large church with a HUGE 20s and 30s group called *Discuss* which is the highlight of my week. About 70 of us (yes, 70!) meet every Thursday evening to eat together and then split off into smaller bible study groups. I have made some wonderful friends there and I am loving the depth of learning that it brings! I'm pretty involved with *Pathfinders* the 12-14 year olds youth group on Friday evenings and Sunday mornings. They're a great bunch of

Work:



Through a series of 'God-incidents' I have ended up working in an International School called St. Clare's in beautiful North Oxford. I have been walking to work in 25 mins, but have just bought a bike (a must have in Oxford!) and can now cycle in under 15 mins. Winner! This is the St. Clare's website for those who fancy a nosey - www.stclares.ac.uk There are two sites – I'm based in the Senior Course Campus, in the general office. My title is Client Support Coordinator (ooooeerrrr I hear you cry!) It is less glamorous than it sounds, but is a lot of fun. I do lots of little things: chasing up visa applications, exam entries, classroom sorting, testing students,



In order from Left to Right:
Vanda, Me, Scott
Jess, Me, Vanda, Chloe

interviews, showing round potential students, dealing with agents all round the world, odd jobs for teachers, should at students who don't turn up to class (I don't actually shout!), write reports, helping students with random things, the list could go on. It is an 'odds and ends' job and I LOVE IT. I get to enjoy the students without having to plan their lessons and mark their homework. The staff are LOVELY and although the work is often overwhelmingly busy, the giggles make up for it – I giggle to the point of crying/not being able to breathe almost every day of the week. I'm starting to develop a deeper level of friendship with the staff and deeper (and hopefully more eternally helpful!) level of conversations with them.

Other:

Weekends have been spent sleeping after busy weeks, walking in the countryside with friends, doing preparations for a kids summer camp, welcoming new students at school, doing courses at church, sightseeing in London, filling in my Canadian Tax return (booooo!) and enjoying general Oxford life.

In short, life is busy but very pleasingly so! I have been surprised how quickly I have settled in. The last 6 months have gone so fast and yet I can't believe it has been *only* 6 months.... does that make sense?

Beautiful Port Meadow, just behind our house →



Back to Vancouver?

My work contract finishes in October and I hope to spend some time in Vancouver then. I think I will probably stay longer than my original plan of 1 year here – though I am acutely aware of the need to spend more time in Vancouver for Permanent Residency renewal.

I think of you all often and miss you very much – even though I have not proved this in my contact with you. It is lovely to receive your emails and church notices. I hope you are all doing well! If I can send anything *English* to any one, or if any of you are going to be over here, do please let me know!



Oceans of love to you all!

Chloe xx

St Timothy's Church Calendar

Please join us!

*Note: All events will be at Sutherland Church
(unless otherwise stated)*

8 March Pancake Supper 6:00 pm

9 March Ash Wednesday Service at 7:30 pm

Every Wednesday Contemplative Practice and Prayer 7:30 – 8:30 pm

3 April – Mothering Sunday Cupcake Sale after church

21 April Maundy Thursday Service at 7:30 pm

22 April Good Friday Service (joint with Sutherland) at 10:30 am

24 April Easter 9:00 am

25, 29, 30 April - Guess who's coming to Dinner (in congregation homes)

13 May Games Night with Sutherland