



# St. Timothy's Gazette SEPTEMBER 2008

## *Our Vision:*

St. Timothy's **Vision** is to be a nurturing, biblically-based community growing Christ's Kingdom.

## *Our Mission:*

St. Timothy's **Mission** is to  
**Go** out into the North Shore community to  
**Gather** all ages into Christian fellowship,  
so that we may  
**Glorify** God in worship,  
**Grow** to become more like Jesus Christ, and  
**Give** of our time, talent and treasure to serve others.

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**North Vancouver, BC V7M 2J5**  
**Services: Lynn Valley Recreation Centre**

**[www.st-timothy.com](http://www.st-timothy.com)**

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**Message from the Rev. Ken Bell**  
***A Pastor's Musings - "Let us keep moving and rest"***

*May you be strengthened with all power, according to his glorious might, for all endurance and patience with joy, giving thanks to the Father, who has qualified you to share in the inheritance of the saints in light. (Colossians 1:11-12 ESV)*

When the Israelites finally crossed the Jordan and began to establish themselves in the Promised Land, there was a lot of joy and enthusiasm for what the LORD was doing. However it was not long before the people decided they really would like to take a break from this fighting, marching, taking new land and such and just settle down and make nice little Israelite communities. You know, build some homes, plant some vineyards, eat fresh food and even take time to build nice little churches to worship Yahweh (every now and then). Not to mention the people they were fighting with did not seem all that bad after all, quite nice some of them. They reasoned they had done enough to establish themselves and live very happily, despite the fact God had given them a to-do-list they had not completed.

There is an ever-existing tension in the church and in our life in Christ. This tension lies between moving, resting and being busy. Having a willingness to want to keep moving forward, doing new things, building up the church, doing that which God has called us to do. Desiring a time to rest in the LORD, taking time to be still and know that He is God, coming to 'know his voice' as John writes in his Gospel. And finally being busy just doing more and more things.

The Israelites chose to stop and to start busying themselves with selfish gains, doing that which would make them happy and comfortable.

Churches in our situation run much the same risk and temptation. "Great! We are out from under (oppression, apostasy, false teaching, choose your noun). We have a safe, established church. Let's just stop and rest" and end up being of no use in the kingdom. On the other hand churches in our situation can just keep doing and doing and doing, end up burning themselves out and end up being of no use in the kingdom.

So how do we begin to attempt to resolve this tension? Look again at Colossians above. God is the one who gives us the vision; we are just to follow his lead. Where God is at work, that is where we should be. And as we do so, God will give us not only rest, but also the endurance, to do that which he has called and equipped us to do and to be as a little part of the body of Christ on the North Shore.

God has much in store for us at St. Timothy's as he had much in store for the Israelites and for the early church. Some of it will be easy; some of it will require endurance. Some of it we will be comfortable with; some of it will stretch us. Some of it we will be able to make sense of; some of it will confound our wisdom. But, as we 'keep moving forward and resting', God will give us the strength to endure with patience and joy all of the inheritance of the kingdom offered to us.

*So if there is any encouragement in Christ, any comfort from love, any participation in the Spirit, any affection and sympathy, complete my joy by being of the same mind, having the same love, being in full accord and of one mind. Do nothing from rivalry or conceit, but in humility count others more significant than yourselves. Let each of you look not only to his own interests, but also to the interests of others. Have this mind among yourselves, which is yours in Christ Jesus, who, though he was in the form of God, did not count equality with God a thing to be grasped, but made himself nothing, taking the form of a servant, being born in the likeness of men. And being found in human form, he humbled himself by becoming obedient to the point of death, even death on a cross. Philippians 2: 1-8 (ESV)*

Your Servant in Christ  
Ken Bell+ Senior Priest

### **The Anglican World Update:**

Since our last newsletter, the Global Anglican Futures Conference (GAFCON) and the Lambeth conference have both taken place. We have spoken and given updates on these, including a dinner evening on September 5, so I will not take up time and space now except to invite you to ask me questions if you have any.

We continue to walk together in faith with all our Common Cause partners both around North America but also more specifically here in the Pacific Coast region. There is going to be a Pacific Coast Common Cause (PCCC) Clergy Retreat in November at Cedar Springs in order to pray together, build relationships and speak about ways of moving forward.

Please keep our friends in the ANiC (Anglican Network in Canada) in your prayers. They are still very much in the early stages (about where the ACiC was 5 or 6 years ago). They are still in process of leaving the Anglican Church of Canada and dealing with building issues and seized bank accounts. They are also working out systems, structure and authority issues.

As for the ACiC and AMiA world, the Winter Conference is coming up, January 28-31, in Greensborough, North Carolina. I know it is far away, but over the years several folks from St. Timothy's have managed to attend these conferences. They are a wonderful time of celebration, worship and growth and it would be great to have some St. Timothy's members join us again this year.

Also if I have your (up to date) e-mail address, you will have received the latest issue of "Currents" the AMiA newsletter in which our little community had a presence.

Things in the Anglican world are changing very quickly. As the secretary for the PCCC I have a hard time keeping an accurate data base of who is connected with us just in our small region. We are now up to some 45 Common Cause churches in BC, Washington and Oregon. So again, if you have any questions, please just ask me and I will be pleased to answer as best I can.

Thanks. Ken Bell+

## **Book Reviews**

Have you ever had a conversation with someone who struggles with the idea of God, never mind an “all loving God” because they see all the evil, pain and suffering in the world? They cannot believe in God when babies die of malnutrition, teenage girls get raped by a family member, priests abuse young boys and genocide is a common enough occurrence.

Or have you ever had a conversation with someone who tells you they used to go to church. They did all the church things, went to Bible Studies, made sandwiches for the poor, gave money to missionaries, and prayed for people to be healed. But now they want nothing to do with God or church because it was all a rouse or at least much of it was hype. They were good Christians, but still their marriage ended, or a child died or they just got disillusioned by the “production” people called church.

If you have not then you are just not speaking to enough people!

I just finished reading two of Philip Yancey’s early works, “**Where is God When it Hurts**” (1977, 1990) and “**Disappointment with God**” (1988). The first deals with hurt and pain in this world and in our lives. If God is all powerful, why did he create such a flawed world?

The second addresses the question of suffering (using Job as a touchstone). Yancey asks, ‘Is God Unfair?’, ‘Is God silent?’ and “Is God hidden?”

Neither book will satisfy all critics or answer all questions, but what I like is that Yancey has the courage to ask these difficult questions and invites us along to try if at all possible to find not answers but some degree of comfort.

Ken Bell+

## **Enjoy St Timothy’s Annual Harvest Supper!**

**Friday, October 10, 6.30pm at Sutherland Church**

**Baked Ham, salads, vegetable casseroles and desserts!**  
**Please sign up on the sheet provided, showing the number in your group and what you plan to bring (food or a cash donation towards the costs).**  
**Friends, family and neighbours are all welcome!**

Kaduha Parish of Anglican Church  
Kigeme Diocese  
P.O Box 67 GIKONGORO

Dear Rev. Ken Bell,

I greet you in the name of our Lord and Saviour Jesus Christ.

I have been very excited to receive your letter telling me about your parish. I and KADUHA Christians thank you very much.

Dear my brother in Christ, they are 3 years serving God as a pastor. I am married to one wife; we have four children, 3 sons and 1 daughter.

The parish I am leading is composed with 5 daughter churches, all members are 1033. The daughter churches are spread in our hills and mountains. When I visit a daughter church I can walk three hours going and other 3 coming back home. When going to our Diocese Headquarters I do walk for 6 hours going and 3 hours coming back home.

In these days we are planning extending our temple.

I wanted to thank God for the starting partnership. I am praying for seeing each other face to face very soon. Pray for us and we will pray for you.

May you pass our greetings to all the church.

Yours in Christ's service,

Past NSABIMANA Callixte, Leader of KADUHA Parish.

### **RWANDAN PRIMER**

(Compiled from the National Post with the permission of James Cowan. Submitted by Doug Haigh.)

The Rwandan Genocide, which began on April 6, 1994, lasted 100 days and at least 800,000 people were killed. This horrific series of events redefined everything in the country. Since the genocide, thousands of Rwandans living world-wide have moved back and are dedicated to rebuilding their country under their democratically elected President Paul Kagame. At present the total population is about 10.1 million, with Rwanda being one of the most densely populated countries in Africa.

The following facts are seen as indicative of an ongoing improvement since the genocide:

- In 2006, the 11 named provinces were replaced by 5, Kigali and four named N. S. E. W.
- All citizens are now designated as Rwandans (not Hutu, Tutsi and Twa).
- Rwanda now has 3 official languages: Kinyarwanda, French and English.
- The birth rate has dropped by about 10% and is expected to continue to decline.
- Life expectancy is rising (but is still only high 40s for women and low 40s for men).
- There is a significant and continuing rise in the Gross National Product.
- There is a 25% increase in the number of women holding parliamentary seats.
- There is a rapid increase in the number of internet and cell phone users (3% in 2005).
- The literacy rate is rising, but still only about 20%.

There are certainly sure signs of hope, but there are also indications that meaningful change is a much more elusive and perhaps impossible project.

# Wardens' Update – September 2008

## Reflections on where we are and the future

On Friday evening, September 5, many members of Common Cause churches, including a good representation from St Timothy's, met in White Rock to learn about the recent GAFCON (**G**lobal **A**nglican **F**uture **C**onference), the Lambeth Conference and their significance for us as Common Cause members. Five Bishops and Archbishops and several clergy gave us their impressions of their attendance in Jerusalem of the first GAFCON meeting. All found the experience uplifting. One striking example provided, was a boat trip that many attendees took on the Sea of Galilee. There were several boats, and the point was that once out all boats were roped together, where a Bible moment, hymn singing and meditation took place, right on location of the biblical stories; the same lake, the same views, the same winds that our Saviour experienced 200 years ago. The same wonderful experience of awe, wonder, joy and unity was told with different graphic detail – and different numbers of boats by different speakers. It brought to mind how details surrounding the same event has been given to us in the Bible, where the different books were written some years after the event give slightly different accounts; here we are only a couple of months after the event and the details are already different, yet those details are absolutely unimportant to the central sense of awe, wonder, joy and unity. How human!

All speakers agreed that the pilgrimage aspect of the trip was overwhelming, in company of so many (1200) like minded and dedicated Anglicans. There was so much positive in the conference, but the culmination, and miracle of the week was the evolution of the Jerusalem Declaration that was issued at the end of the conference; not generated by a chosen group, but worked on by all attendees in small groups on subsequent days, obviously with much discussion and prayer. As the document was re-drafted and circulated each day, individuals could recognize how their input was incorporated into the evolving document, so the final draft was a reflection of input from all attendees, and nothing short of miraculous for so many diverse backgrounds and traditions to reach complete agreement at all; and in such a short time! Was the Holy Spirit at work? Many of us have no other explanation!

GAFCON is now a movement, another reformation, this time directing back to the basics of unity in the Body of Christ, a Federation of Confessing Anglicans working towards the one universal church. Everyone recognizes that there are bumps in the road ahead to unity, with so many diverse Anglican groups represented, but all agreed to stand united and unmoveable on the 14 tenets of orthodoxy as listed in the Jerusalem Declaration. (see immediately following this report).

An overview of the Lambeth Conference, the ten-yearly meeting of all Anglican Bishops who meet at the invitation of the Archbishop of Canterbury, generally to agree on the fundamentals of Anglicanism, was also reported. This time 214 Bishops declined the invitation (of a total of about 800) because two distinct camps have evolved over the past few years with diametrically opposed views of those fundamentals. Both distinct groups were admonished by the Archbishop in an academic overview, but no standards were implemented and nothing practical applied to resolve the impasse between them.

Both parties were asked to extend generous love toward the other, but there was no recognition of "the Truth", which simply cannot be compromised, however loving the opponents are asked to be. Apart from setting up further study groups to report back over a period of years, Lambeth achieved nothing in offering a practical solution

The culmination of these two important meetings, is that orthodox primates in North America, using the set of principles agreed on at GAFCON, are assisting in the establishment of an Anglican North American Province that can meld together the myriad of dissenting groups, represented by our Common Cause movement, with the full support of orthodox Anglicans world wide, to fulfill the criteria of the Jerusalem Declaration. This has the expectation to become reality in a matter of months; extraordinarily fast in the history of church matters. As partners in Common Cause, we enter into this humbly, with concern that in our local churches we have deviated so far from our basic biblical principles over the past half century, and after exhaustive effort, see no alternative but to the orderly dissolution of the Anglican Church world wide as we have known it. While we remain concerned for our brothers and sisters who remain with the liberal Anglican traditions of the Western world, we see our future in bringing our faith to those who profess no faith. That is the big picture of where we are as a church.

Locally, at St Timothy's we have had a very active summer. Our new Logo is now out and being used on letters and advertising (see it on the front of this newsletter) and we attended the Annual General Meeting of the ACiC in July. We have celebrated two confirmations, Carly and Grady Buhler and another ordination, Rev. Andy Withrow. We have worked hard on another Garage Sale and sent all the proceeds to the Harvest Project. Ken is now trained and has assumed the role of On-call Chaplain at the Lion's Gate Hospital. We sent our detailed Book detailing our life at St Timothy's to our sister Parish in Rwanda, which they received with thanks, our Video library continues to expand, and our small group leaders have met for training and preparation for the coming small group season. Some of our members attended the Mexico Mission in conjunction with St Simons. We have watched with some envy the progress of the St Timothy bicycle trip across Canada. All summer, even with reduced attendance as members take their annual vacations, we have continued on a healthy financial basis.

As wardens we continue to marvel at the strong support of our congregation, and the output of our various groups. We continue to pray for the purposeful and meaningful expansion of our congregation. One significant area that appears to be opening for us is an expansion at Churchill House and surrounding affiliated buildings. They have now requested that we increase our monthly services to twice a month, our Ladies' Group now meets there, and our youth visit. As we start another school year, when church activities resume after a summer hiatus, please consider joining and supporting our regular groups. Now is also a good time to mention to any Church Council members anything you would like changed or improved in how we celebrate our church lives at St Timothy's. Fresh ideas and recycled old ideas are all considered by the appropriate group and acted on when possible.

Respectfully submitted,

**Peter and Ron** (*Peter Haigh and Ron Barrett*)



## **The Jerusalem Declaration**

In the name of God the Father, God the Son and God the Holy Spirit:  
We, the participants in the Global Anglican Future Conference, have met in the land of Jesus' birth. We express our loyalty as disciples to the King of kings, the Lord Jesus. We joyfully embrace his command to proclaim the reality of his kingdom which he first announced in this land. The gospel of the kingdom is the good news of salvation, liberation and transformation for all. In light of the above, we agree to chart a way forward together that promotes and protects the biblical gospel and mission to the world, solemnly declaring the following tenets of orthodoxy which underpin our Anglican identity.

- 1.** We rejoice in the gospel of God through which we have been saved by grace through faith in Jesus Christ by the power of the Holy Spirit. Because God first loved us, we love him and as believers bring forth fruits of love, ongoing repentance, lively hope and thanksgiving to God in all things.
- 2.** We believe the Holy Scriptures of the Old and New Testaments to be the Word of God written and to contain all things necessary for salvation. The Bible is to be translated, read, preached, taught and obeyed in its plain and canonical sense, respectful of the church's historic and consensual reading.
- 3.** We uphold the four Ecumenical Councils and the three historic Creeds as expressing the rule of faith of the one holy catholic and apostolic Church.
- 4.** We uphold the Thirty-nine Articles as containing the true doctrine of the Church agreeing with God's Word and as authoritative for Anglicans today.
- 5.** We gladly proclaim and submit to the unique and universal Lordship of Jesus Christ, the Son of God, humanity's only Saviour from sin, judgement and hell, who lived the life we could not live and died the death that we deserve. By his atoning death and glorious resurrection, he secured the redemption of all who come to him in repentance and faith.
- 6.** We rejoice in our Anglican sacramental and liturgical heritage as an expression of the gospel, and we uphold the 1662 Book of Common Prayer as a true and authoritative standard of worship and prayer, to be translated and locally adapted for each culture.

**7.** We recognise that God has called and gifted bishops, priests and deacons in historic succession to equip all the people of God for their ministry in the world. We uphold the classic Anglican Ordinal as an authoritative standard of clerical orders.

**8.** We acknowledge God's creation of humankind as male and female and the unchangeable standard of Christian marriage between one man and one woman as the proper place for sexual intimacy and the basis of the family. We repent of our failures to maintain this standard and call for a renewed commitment to lifelong fidelity in marriage and abstinence for those who are not married.

**9.** We gladly accept the Great Commission of the risen Lord to make disciples of all nations, to seek those who do not know Christ and to baptise, teach and bring new believers to maturity.

**10.** We are mindful of our responsibility to be good stewards of God's creation, to uphold and advocate justice in society, and to seek relief and empowerment of the poor and needy.

**11.** We are committed to the unity of all those who know and love Christ and to building authentic ecumenical relationships. We recognise the orders and jurisdiction of those Anglicans who uphold orthodox faith and practice, and we encourage them to join us in this declaration.

**12.** We celebrate the God-given diversity among us which enriches our global fellowship, and we acknowledge freedom in secondary matters. We pledge to work together to seek the mind of Christ on issues that divide us.

**13.** We reject the authority of those churches and leaders who have denied the orthodox faith in word or deed. We pray for them and call on them to repent and return to the Lord.

**14.** We rejoice at the prospect of Jesus' coming again in glory, and while we await this final event of history, we praise him for the way he builds up his church through his Spirit by miraculously changing lives.

(Compiled and approved as the tenets of Orthodoxy at the GAFCON Conference in Jerusalem, June, 2008).

## Reports from our "G"s

### Gather Report

During the summer months, the Gather Committee has been quite busy.

St. Timothy's **Fourth Annual Barbecue** was held on Sunday, June 22, following the 10:00 a.m. service. Thank you to Audrey Haigh who was in charge of organizing this event and to all who helped either by bringing food items to share or by assisting with the set-up/cooking/clean-up. Thank you also to Eric Park who once again organized games for the younger children. This barbecue marked not only the fourth anniversary of St. Timothy's but also the end of another Sunday School year.

On August 3, the Gather Committee hosted a **Friendship Tea** at the Haighs'. The nineteen people who attended enjoyed sherry tasting (under the direction of Linda Taunton) as well as drinking numerous cups of tea and eating a wide assortment of open sandwiches, scones and cakes.

During the summer, the Haighs also hosted a **Picnic in the Park** for the young families of our parish. This year, fifteen adults and seven children attended and, after playtime in the park, enjoyed a picnic meal of hot dogs, hamburgers, salads and pie with ice cream. Thank you, Audrey and Peter!

The Gather Committee also arranged for squares and treats for the reception following the service for Olive Martin and for a wide assortment of food for the reception following Andy Withrow's ordination. Many people made contributions to these two events and their efforts were truly appreciated.

Hazel Blacoe, Refreshments Coordinator, wishes to thank the Coffee Teams for their efforts in providing refreshments every Sunday after service. Special thanks go to Grady Buhler for donating coffee and coffee cups, and to those who make contributions in the jar. The money collected covers the purchase of supplies for the coffee hour and other fellowship events. Contributions of goodies for the coffee hour on Sundays are always much appreciated.

As we look forward to the fall, the **Harvest Supper** will be held at Sutherland Church on Friday, October 10 at 6:30 p.m. Don't forget to sign up for this! We are also looking at possible dates for the **Christmas Party** and will be deciding on this soon.

We are very fortunate that Dara Barrett has graciously agreed to join the Gather Committee as Co-chair (with Audrey) of Fellowship as well as joining the Pastoral Care Team under Myrna's leadership. Welcome, Dara!

Please see also the report of the Ladies' Group and the Editors' Report.

*Daphne Martin*

## **Ladies' Group**

Through the guidance of God and faithful work, our wonderful ladies are pleased to report that we have raised over \$3000 this year from our fundraising events. All of our monies are used to support outreach projects within our local and worldwide community. Our September Garage Sale, the most successful event, collected \$800 for the benefit of the Harvest Project on the North Shore. Their mission, as a Christian ministry, is to follow Christ's call to love our neighbour. We support them as they balance compassion with accountability, extending a hand up, not a hand out.

Our monthly meetings give us the opportunity to invite guest speakers from other organizations that are also changing lives. At our September meeting, we were thrilled to have as our guest speaker, Judy Friesen, Director of Development for Leader Impact Group. This group is a division of Power to Change (formerly Campus Crusade for Christ). Judy explained how Christian professional leaders share business tips and how their faith integrates with their daily lives at planned Leadership Forums. Judy shared stories of Canadian Christian Leaders travelling to Mexico to learn how to share their faith. Judy's talk was very enlightening and informative providing opportunity where the Ladies' Group could support her mission.

We look forward to our October 20 meeting at Churchill House. Andrea Nader will be sharing personal stories of her numerous mission trips (including Mexico) and around the world. Join us at 1:30pm and stay for refreshments. Everyone is welcome. Thank you for your continued support.

*Linda Taunton*

## **Editors' Report**

We once again thank all contributors. Special thanks go to Martha Wright who mails out all copies not picked up in church or delivered by friends. Florence Wilton wishes to give notice that, after 10 years' newsletters, she would like someone else to take over after the November issue. Matthew will be pleased to continue assisting with production as necessary and with printing. The deadline for the next issue is November 23.

*Matthew Vondette and Florence Wilton*

## **North Shore Light Opera Society**

Nancy Vondette invites you to come and hear the NSLOS performing Gilbert and Sullivan as the guest "stars" of Sinfonia, Orchestra of the North Shore at Centennial Theatre, Oct. 4, 7:30pm in celebration of NSLOS' 60th Anniversary.  
Tickets: Centennial Theatre: 604-984-4484.

## Glorify Report

### Chancel Guild

Two very moving services for which the Guild prepared the Eucharist were held September 7 at St. Timothy's. Bishop Sandy Greene confirmed two of our adult members at the 10 a.m. service. That afternoon the Bishop ordained The Rev. Andrew Withrow, St. Timothy's Church and The Rev. Joshua Wilton, St. Simon's to the Sacred Order of Priest. This service was held at Lynn Valley Full Gospel Church, North Vancouver.

The Guild is very fortunate to have extremely diligent members. We welcome new members - especially needed when others are traveling or on duty on other committees, and for extra Easter and Christmas services. Four members are required each Eucharist Sunday. If you are interested in joining the Guild, please contact Corinne Burns or Sarah Lucas.

Our thanks go to Audrey Haigh for bringing lovely flowers every Sunday and to Joy Hopkins for the beautiful garden arrangements she provided for the altar during the summer months.

Our AGM will be held Tuesday, September 30, at 1:30pm at the home of Corinne Burns.

Current membership: Carol Anderson, Corinne Burns, Joan Buss, Norma Johansen, Jennifer Kincaid-Smith, Lois Knight, Sarah Lucas, Bea Messinger, Myrna Teskey, Marion Van Dusen, Ursula Vondette and Katie Withrow.

*Corinne Burns*

### Church Choir

We welcomed the choir back to the Haighs' for Monday night practices on September 8 after a good summer of Sunday morning only practices. The first two practices of September included two fabulous sunset views and a welcome back wine and cheese spread courtesy of Audrey and Peter. The Youngs have been gracious to open their home for three practices while the Haighs are vacationing, and we look forward to many evenings of music and fellowship this year. As always, thank you choir for your ministry and service, and may God bless you as we make music together each Sunday and Monday.

*Angela Larsen*

### THE LORD IS MY SHEPHERD

A Sunday School teacher decided to have her young class memorize one of the most quoted passages in the Bible - Psalm 23. She gave the youngsters a month to learn the chapter. Little Rick was excited about the task - but he just couldn't remember the Psalm. After much practice, he could barely get past the first line.

On the day that the kids were scheduled to recite Psalm 23 in front of the congregation, Ricky was so nervous. When it was his turn, he stepped up to the microphone and said proudly, 'The Lord is my Shepherd, and that's all I need to know.'

## The Revs Andy Withrow & Josh Wilton Priested by Bishop Sandy Greene September 7, 2008



Congratulations are in order to the Revs Josh Wilton and Andy Withrow who were priested by Bishop Sandy Greene, the Anglican Coalition in Canada Bishop. Josh has spent the past almost four years interning at St. Simon's North Vancouver as the Newcomer Pastor, with a focus on the Alpha Course and a Young Adult Group called 'The Gathering'. Andy has been interning at St Timothy's Church North Vancouver, led by the Rev Ken Bell. Josh and Andy announced that they will be planting a new ACiC congregation in Victoria, BC. This church will have a strong Common Cause Partnership focus, co-operating with existing orthodox Anglican congregations St Mary's Open Gate (Anglican Network in Canada) and Church of our Lord (Reformed Episcopal Church).

(Taken from Ed Hird's September 8<sup>th</sup>, 2008 ACIC Media Update)





**St. Timothy's Fourth Anniversary BBQ**



**Confirmation of Grady and Carly Buhler by Bishop Sandy Greene  
September 7<sup>th</sup>, 2008**



## Grow Report

*GROW to be more like Jesus Christ*

### NURSERY & SUNDAY SCHOOL

*The following report is submitted by Sonya Bell:*

The Sunday school wants to thank all the people who came in and spent time with our youngest members of the church over the summer. Thank you to Daphne Martin, Lucy Collings, Katie Withrow, Jason Larsen, Carly Buhler, Lili-Kayy Park, Craig Kincaid-Smith, Beatrice Messinger, Martha Wright, Patricia Young, and Samantha and Richard MacDonald. The children enjoyed being with you. Special thanks to Andrea Nader for organizing everyone for the summer.

We are looking forward to another year of learning about our Lord. We will be studying Daniel Chapters 1-6 and the Christmas story over the next 4 months. We hope to have guests come and share about giving of their time, talent, and treasure. The children are getting older and smarter. We welcome Andrew Kincaid-Smith, Justice Park, and Cameron Mahoney into our Sunday school.

Please keep our teachers in your prayers. Our teachers this year are Carolyn Edwards, Andrea Nader, Jennifer Kincaid-Smith, Ryan Barrett and Sonya Bell. We welcome Samantha MacDonald and Patricia Young to the team.

### YOUTH

*The following report is submitted by Eric Park, Director of Youth Ministry:*

This summer was loads of fun. As a youth group we were involved in lots of outdoor activities and had the opportunity to meet up with other youth groups on several occasions. On one of those occasions we played paintball with the youth from Sutherland Church at Tsawwassen Paintball. We really enjoyed connecting with a larger youth group. Ryan, Phil and I also played on our joint church soccer team, and our team took first place in the division, won the cup play and we are now looking forward to moving up into division two for an even more challenging season!

The summer activities continued at Cowichan River Bible Camp where Jamie, Greg, Ryan, Dara, Emily, Lili-Kayy, Justice-Dawn and I enjoyed a couple of days of camp. We had a lot of fun and experienced new and distinctly 'youthful' expressions of worship. I look forward to going back next summer for the youth and young adults' camp. Richard and I also attended a Starfield outdoor concert at Cowichan camp, again another event I look forward to for next year.

It was also a great summer for Jamie Young, as he spent a month at Keats Camp, leading and serving his peers. While Jamie was at Keats, Ron, Ryan, Lili-Kayy and I were getting prepared for our mission trip to Mexico. As you have already heard that was a very successful trip and I know many are looking forward to the next time we go. Hearts and lives were touched in Mexico and the changes that took place in each and every member of the team as we grew and were challenged together were wonderful to see.



Our youth program has now resumed for the winter/spring seasons. Meeting on a Friday night, we started our youth program on September 13 with a Golf and BBQ evening. We had a great time and it was awesome to see everyone excited for another year of youth ministry. I am excited to see how our relationship with Sutherland church will continue to grow, as we will be meeting up with them for larger scale events from time to time.

Thank you for all your support, time, and prayers. They are certainly answered in the lives of our youth.

### **ST TIMOTHY'S LIBRARY**

*Monica Craver reports:*

**E. (Eli) Stanley Jones (1994-1973)** was a 20<sup>th</sup> century Christian missionary and theologian, known as the “Billy Graham” of India. He is best known here for the Christian Ashram movement. Jones wrote many timeless books, four of which have been placed in St. Timothy's library:

**The Christ of the Mount (1931)** – a working philosophy of life and the greatest need of the modern world to rediscover the power of the message.

**The Way to Power and Poise (1949)** (*devotional*) – full of psychological good sense and religious wisdom that comes from God.

**How to be a Transformed Person (1951)** (*devotional*) – We can gain a new life based in reality, peace, confidence, growing into greater spiritual maturity, “and all this because God transformed himself into man – became like us that we might become like him”.

**Conversion (1959)** - What is conversion? How does it come about? What are its lasting effects? A book richly illustrated with personal testimonies of conversion from people all over the world.

E. Stanley Jones is also remembered for his interreligious lectures to the educated classes in India, thousands of which were held across the whole of India during the first decades of the 20<sup>th</sup> century. According to his and other contemporary reports, Jones' friendship for the cause of Indian self-determination allowed him to become friends with many Indian leaders such as Mahatma Gandhi and the Nehru family.

Gandhi challenged Jones, and the thousands of Western missionaries working there during the last decades of the British colonial empire, in his writings, to include greater respect for the mindset and strengths of the Indian character in their work. Gandhi was attracted to the hymns of Christianity. Sadly, an early visit to a “lukewarm” (Rev 3: 14-22) and lack-lustre Christian church in South Africa, closed Mahatma Gandhi's mind to becoming a Christian. E. Stanley Jones' books do not allow us to remain complacent or “lukewarm” about our faith in Christ.

The Christian Ashram movement soon became international because E. Stanley Jones introduced the concept in the many countries where he had preaching missions. People on every continent experienced the Christian Ashram as a life-transforming fellowship that was universal in its appeal and a way to understand and grow in the Christian faith. Brother Stanley nurtured the movement through frequent visits and letters. One of these successful Ashrams just celebrated its 35<sup>th</sup> anniversary in B.C. this year.

## **ADULT EDUCATION**

A note to the ladies – please consider attending the LiveWord Women’s Conference at St. John’s Shaughnessy on Saturday, October 18<sup>th</sup>. This is an opportunity to gather with other women to deepen your knowledge and understanding of Scripture, with a special focus on Psalms 22, 23 and 24. Registration forms are available on the website [www.stjohnsvancouver.org](http://www.stjohnsvancouver.org). or from Sarah Lucas.

Over the next few weeks, small group leaders will be encouraged to begin reading the book, “Transforming Discipleship” by Greg Ogden. A group meeting will be scheduled at the end of October, when Andy will begin a guided study of the book concepts with the leaders.

*The following reports are submitted by Patricia Young:*

### **SMALL GROUPS:**

If you are interested in joining a small group, please speak to either Patricia Young or Sarah Lucas, or contact one of the group leaders.

**Tuesdays, 7:00-8:00 a.m.** Men’s Breakfast Meeting at the Holiday Inn Restaurant, N. Vancouver.

**Tuesdays, 7:00-8:00 a.m.** Women’s Breakfast Meeting at the Holiday Inn Restaurant, N. Vancouver.

**Tuesdays, 9:30-11:00 a.m.** Meetings at Florence Wilton’s to study “*The Bible Jesus Read*”, by Philip Yancey.

**Tuesdays, 9:15-11:00 a.m.** Meetings at Patricia Young’s home to study: “*If You Want To Walk On Water, You’ve Got To Get Out Of The Boat*”, by John Ortberg.

**Wednesdays, 8:30-9:30 p.m.** “Walkie-Talkie” group. Info: Sonya or Lily-Kayy

**Thursdays, 7:00-9:00 p.m.** Meetings at Ron and Carolyn Edwards’ home to study “*Eight People Meet Jesus*” by Bronwen Short and Beverley Boissery. Info:

### **FILM MINISTRY:**

Every Sunday at St Timothy’s, a variety of films are available for parishioners to borrow. Each film is accompanied with a film description, information on the rating of the film and questions for discussion. The questions will encourage you to explore the theme of the film from a Christian perspective.

Why not borrow a film and invite some friends over for a movie night?

### **New films in the collection:**

**Dead Man Walking:** In 1982, Sister Helen Prejean, a Catholic nun, started corresponding with a death row inmate in Angola Prison in Louisiana. The experience changed the direction of her ministry and propelled her into activism against the death penalty. Tim Robbins has taken material from her book *Dead Man Walking* and reshaped it into one of the most inspiring and positive portraits of Christian ministry ever put on film. Susan Sarandon won an Academy Award for her luminous portrait of Sister Helen Prejean. Sean Penn was nominated as Best Actor for his role as convicted murderer and rapist, Matthew Poncelet.

**The Rookie:** The true story of a middle-aged baseball rookie of Texas pitcher Jim Morris who was derailed by a severe shoulder injury. After corrective surgery repairs, Jim discovers that he can pitch a ball even faster than he could before. When his team delivers a lacklustre on-field performance in a losing game, coach and players agree to a wager: If they'll make it to the district championships, he'll try out for a major league ball club. Is Jim about to live his dream?

**Lars and the Real Girl:** "A lonely, delusional young man buys a life-size sex doll on the Internet and falls in love with her, telling people it's his girlfriend." Based on that premise alone, you might consider giving this film a miss, but don't. This is one of the sweetest, most sensitive movies of 2007, and, surprisingly, a powerful look at the body of Christ in action—and the relentless and patient nature of God's love. You'll laugh, you'll cry, and you'll walk away with a smile and warm fuzzies.

**The Shawshank Redemption:** Frequently ranked amongst the greatest films of all time, this 1994 film is based on the Stephen King short story, "Rita Hayworth and Shawshank Redemption". Starring Tim Robbins as Andy Dufresne and Morgan Freeman as Ellis Boyd "Red" Redding the film is about Andy's time in a corrupt state prison after being wrongly imprisoned for the murder of his wife and her lover. *Shawshank* is an emotional and cathartic exploration of the best and the worst of the human spirit. Its message of hope and perseverance in adversity captivates and inspires while teaching important moral truths. The discussion guide will help you discuss the movie from a biblical perspective as you reflect on the themes of hope, endurance, freedom, and peace.

### **Coming soon:**

**Into the Wild:** Based on the novel by John Krakauer this film explores the life of Chris McCandless the young American boy who after graduating from Emory University in 1992, top student and athlete, abandoned his possessions, gave his entire \$24,000 savings account to charity and hitchhiked to Alaska to live in the wilderness. Along the way, Christopher encounters a series of characters who shape his life.

**Wall-E:** In the distant future, a small waste-collecting robot inadvertently embarks on a space journey that will ultimately decide the fate of mankind.

**The Chronicles of Narnia: Prince Caspian:** In this 2<sup>nd</sup> film in the Narnia series (books by C.S. Lewis) siblings Peter, Susan, Edmund and Lucy return to Narnia, where they are enlisted to join the colourful creatures of Narnia to ward off the evil king and restore the rightful heir to the land's throne, Prince Caspian.

Patricia would appreciate hearing of any movies you know about that would be suitable for purchase for our film library.

*Sarah Lucas*

## Prayer Corner

### St. Timothy's 40 Days of Prayer & Fasting

*"Prayer—secret, fervent, believing prayer—lies at the root of all personal godliness"...William Carey*

Monday, October 13 through Saturday, November 22 will mark our annual season of 40 Days of Prayer & Fasting.

During this time we will give thanks to God for all his provision, love and care for us over the past year; we will hold each other up in prayer daily; we will pray for our community; and together we will seek the Lord's heart and direction for St. Timothy's for the coming year.

There are several ways to get involved and be apart of this annual event:

- 1) The easiest way, is using the weekly hand-outs, to take time each day to **Pray** for your brothers and sisters in the church.
- 2) At least once during the 40 Days **Fast** for one day.
- 3) Participate in "**Breaking Bread Together**". Invite one or two people/couples/families from St. Timothy's who you do not know and have a dinner together.
- 4) Join us for "**Soup and Supplication**", Tuesday Nights Oct. 21- Nov. 18 at Sutherland Church. Our hope is to offer a simple meal of soup & bread beginning at 6:30pm then move to a time of ministry and prayer from 7:00-8:30pm.
- 5) Join us for our "**Fasting, Feasting & Fellowship Night**" at the end of our 40 Days (location and time TBA).

We can run great programs, sing wonderful hymns, throw fun parties and follow a great vision, but unless as a community of believers we pray together with one heart and one voice seeking the heart of the Father, we all labour in vain.

Please make time to join us this year in our 40 Days of Prayer & Fasting.

Thank you. Ken Bell+

### PRAYER FOR OUR TROOPS

Almighty God, we commend to your gracious love and keeping all the men and women of our armed forces at home and abroad.

Defend them day by day with your heavenly grace, strengthen them in their trials and temptations, give them courage to face the perils which surround them and grant them a sense of your abiding presence wherever they may be, through Jesus Christ our Lord. Amen

Note: This prayer will be used every week in the Prayers of the People section of our worship.

## **TAKING THE BIBLE SERIOUSLY**

Our Father, as we look forward to the coming of your son, Jesus Christ, may we, as He did from His youth, embrace your living Word. We thank you that we live in a day and a country with free and easy access to the Scriptures in their entirety. May we understand anew that they bear the fire of your will for us; may we read, study, and commit them to memory; may we follow them in obedience, hearing in them the very discipleship words of Jesus which echoed in the ears of the Apostles 2,000 years ago. May this, Your written Word, which we receive from the hand of Christ, transform us continuously until His second and final coming. We ask all this through Jesus Christ our Lord. Amen

(This prayer is from *Taking the Bible Seriously*, one of the Anglican Agenda Series published by Anglican ESSENTIALS Canada. It is particularly apt as our Small Groups start up again.)

*Samantha Owen-MacDonald*

## **Mexico Medical Mission Trip**

Ah Mexico! "Go on a Mexico Mission trip, it'll change your life!" I'm not sure if I first heard those words from Steve Monks or from Ken Bell. I did not understand those words and what they would mean to me after going on a Mexico Mission trip.

Twelve of us went to the Mexico Medical Mission of "Clinica La Esperanza" where Steve Monks is holding it together while the missionary is away on sabbatical for a year. I went to Mexico to help in building something concrete – a building or structure of some sort is what I had in mind. I wanted to make a difference in that way: helping to provide structure for the mission to work with, to work from. Our time at the mission was very organized with the breakfast crew in the kitchen preparing food at 6:30 a.m. After breakfast cleanup and/or devotionals we would gather in the church for some worship time and receive our construction work assignments. After work we returned to the mission for a bite of lunch, cleanup, and devotionals. Then we would go off to a migrant worker camp – they lived in what appeared to be squatters' shacks but we never did find out what the exact story was. Here we played soccer, skipped rope, painted faces and hands, blew soap bubbles, and applied nail polish. We sang songs of worship and watched bible skits in Spanish sitting on tarps with the kids. We made crafts and we prayed together. We connected with the kids. After supper we went back out to a different camp and showed "sit-down, drive-in movies". We usually sat on tarps watching a 6' screen on the back of a pickup truck. We returned late, once after 11 p.m.

We picked up people for church, driving out to different camps and villages and bringing them in. There was a fellow in his eighties, Pedrito, who had been living on the beach until it became clear he could not care for himself. The mission got permission to build a one-room home for him behind one of the parishioner's homes and the mission cares for him. Church was a lively event on Sunday and Wednesday with fast upbeat songs, a Bible reading and a sermon instantly translated from Spanish for our benefit.



I went to Mexico hoping to make a difference in some small way but while I was focused on that, Mexico was making a difference in me. This is rural Mexico, hours from anywhere down a two lane paved highway with speed bumps, no shoulders, and hand-patched. There is no tourist industry to speak of yet, but some RV's are starting to show up. The people we were working with are simple, uneducated people, and mostly cannot read or write. Some speak only their native tongue and no Spanish. When the sun goes down, they sit in the dark mostly. They have no running water, no electricity, and lead a very simple life. Their farming work is very hard. The children have no toys that I saw. Play consists of children's rough-housing and the kids are always scrambling around chasing and catching each other, wrestling and laughing. The kids are strong, affectionate, and hungry for attention. It used to be that as soon as the kids were strong enough they would go to work with the father in the fields. Now the mothers go to work with the fathers and the kids are left to their own means during the work day.

We prayed as a group to focus our message before we went out to work with the kids. The kids were receptive to that message and watching the changes in them as they responded was a powerful and changing experience for me. In our busy, wealthy, self-centred and complacent society I usually see the message fall on the path or rocky ground. In their quiet, destitute, sharing and caring society I saw the message consistently falling on fertile ground and taking root almost instantaneously. It's remarkable, really remarkable.

*Ron Barrett (604-983-2530)*



## **Parishioner Profile: Daphne Martin**

Daphne Martin was born in Vancouver and brought up with an older sister and a younger brother. Her father taught English, specializing in Shakespeare, at U.B.C. and Daphne adored him, considering him a true gentleman. Her mother stayed at home to care for the children and then got her Master's Degree when Daphne was in High School and taught geography at Vancouver City College until she became ill in her late forties and did not return to work. Daphne was not a perfect fit in such a highly academic milieu – her sister became a medical doctor and her brother is a classical scholar – and was always considered a bit of a rebel. Her father understood Daphne's point of view and there was always a very strong bond between them.

Daphne attended Queen Mary School in Point Grey from Grades 1-6, then her parents decided that, because of her excessive high spirits, she should go to private school and enrolled her in Crofton House from Grades 7 to 9 where she was very unhappy. However, she insisted on going back into the public school system for High School and went to Lord Byng where she met her future husband who was in the same grade. They started dating in Second Year at U.B.C. where Daphne was studying economics and Dennis, engineering.

Daphne's father's mother was the daughter of a Victorian Anglican Rector and was very high Anglican. The family sometimes accompanied her to St. James' Church and Daphne feels this had some influence on her. As a child she attended a United Church Sunday School but this stopped when she was at Crofton House as her parents considered the lively Bible Literature classes offered there were sufficient. Church became a Christmas and Easter family ritual for some years.

In 1972 Daphne earned her B.A. in Economics and she and Dennis married that summer. He had one more year to complete his engineering degree, so they rented the basement of an old house in Point Grey at \$100 a month for a year and Daphne worked for a stockbroker to support them. She has amusing memories of the apartment's sloping floor and having to prop furniture up or it would fall over.

After his graduation, Dennis worked for a North Shore engineering firm, which sent him to Bristol, Quebec to work in a copper mine for six months. Daphne went too, keeping house and doing a lot of reading and walking. When they returned to Vancouver, Daphne worked for the Provincial Government Motor Carrier Branch and was quickly promoted to an audit accountant position. She also completed two years' study at U.B.C. towards becoming a Certified General Accountant. The couple decided it was time to have a family and Andrew was born in May, 1977. In the September, they moved to London, England, where Dennis studied for his M.Sc. in Engineering. After their return to Vancouver, when they had a home in Pemberton Heights, Christopher was born in 1979 and they moved to Capilano Heights to a larger home where Daphne still lives. Dennis worked for a Consulting engineer Firm based on the North Shore, specializing in slope stability. He travelled extensively in S. Africa, Australia, China, Spain and Chile as well as throughout Canada and the United States.

Daphne focussed her life on bringing up their two sons, getting involved in their education and taking them to St. Catherine's Church where she appreciated the good intergenerational relationships. She took the boys to her parents' home frequently and encouraged them in their interests. In 1986, Daphne suddenly had a catastrophic illness that sent her to the Intensive Care Unit for a week and kept her in hospital for a month. She came very close to death and was aware of doctors with her throughout the night. It was a totally life-changing experience. She had always assumed that she would continue her career, but now she lost interest in materialism and wanted to focus only on her family and her church. She encouraged Dennis to spend less time at work and relax more, but he continued to work very hard, feeling under pressure to maintain a very high performance.

In 1988, Dennis had developed lupus and was using drugs to help control the disease. In 1998, he had a totally unforeseen fatal reaction to one of the drugs and passed away at the age of 48. Although the drug was in common use, the medical company only knew of one other case in ten years. Daphne had wonderful support from her sons, aged 19 and 21 and also from her sister, Marian and Dennis's sister. At Marian's suggestion, she took up medical typing at home and is still running a Medical Transcription Business. In an attempt to increase her faith, she looked for an Alpha Course and took one at St. Martin's under the leadership of Timothy Cooke as no Alpha courses were offered at St. Catherine's. She continued on the Parish Council at St. Catherine's but was attracted by the Monday night Book of Common Prayer Services at St. Andrew's and St. Stephen's, which reawakened her passion for church and joined St. Timothy's where she is now spending her second year as head of the Gather ministry.

Daphne is very proud of her sons. Andrew has his M. Sc. in Environmental Biology and is working for an engineering company in New York City. Christopher is just completing his M.Sc. in Fisheries in California. He is married to Jami, who Daphne considers a wonderful daughter-in-law. Daphne enjoys travelling, especially visiting her sons and going to Maui and she also has some more cruises in mind. She really enjoyed the cycling trip in New Zealand and continues to do shorter cycling trips as well as walking the seawall. She feels that St. Timothy's has been a godsend, focussing her life, giving her hope, zest and a faith to hold on to. We at St. Timothy's are fortunate to benefit from Daphne's strong faith, energy, good humour and willingness to help others whenever she can.

*Florence Wilton*

### **Upcoming Events:**

Every Tuesday, Wednesday and Thursday – Small group Meetings (See Pg. 15).

Sept 30 1.30pm **Chancel Guild A.G.M.** at the home of Corinne Burns.

Oct. 2, 10am-3pm **Craft Workshop** at Joy Hopkins'.

Oct. 5, 9.15am. **Monthly Prayer Service** - Focus on Grow Ministry.

Oct. 5 Sale of **Rwandan Christmas Cards.**

Oct. 10, 6pm **Harvest Supper** at Sutherland Church.

Oct. 13-Nov.22 **Annual St. Timothy's 40 Days of Prayer.**

Oct. 20, 1.30pm **Ladies' Group Meeting** at Churchill House. Andrea Nader - Missions.

Oct. 21 6.30pm **Tuesday Soup and Supplication Meetings** begin at Sutherland.



## **A Cross of Choices**

Today to follow Jesus  
I carry a cross not made of wood  
but a cross of inner conflicts  
a cross of choices  
mine or His.

There is a tension between my selfish desires  
and His generous sharing.

Tension between ignoring the poor  
and befriending those on the edge.  
Tension between my desires for comfort  
and becoming involved in social justice.  
Tension between my wish for approval  
and obeying His word.

Where the kingdom of God  
and my world meet, there is a cross.

Today, Lord, show me  
your way of life in a post-modern world.  
May I see what I need to relinquish  
if I wish to embrace your cross.

By Gwyneth Bell from "*Shooting Star*"

## **Cross-Canada Cycling Tour by St. Timothy's Team**

I readily acknowledge that cycling across Canada is not something that would appeal to everyone. It is in fact a hard, gruelling ride. For many in the parish, I could well imagine that relaxing on a sunny patio reading an inspiring book (like the Bible) is more in line with the notion of an ideal way to spend your summer. In truth, as we fought off swarms of mosquitoes in Riding Mountain National Park or battled 40 kph head winds for four days along the south shore of the St. Lawrence River, I did question why people such as Leddy, Ashley and I would willingly submit ourselves to this kind of ordeal. The only answer I can give you is the same one that mountain climbers give when asked why they would want to scale Mount Everest – because it's there!

Canada is an enormous country, not evident in the bravado of the first day, but a reality that quickly becomes apparent. One can fly from Vancouver to Toronto in five hours, but on a bike you are lucky to cycle from Mission to Hope in one day and you are still in the Lower Mainland! Our province richly deserves the moniker 'Beautiful British Columbia' as the first three weeks were easily the most scenic. We made the right decision, upon reaching the Okanagan, to wend our way through the East and West Kootenays, rather than taking a direct route to Alberta. While this option entailed more mileage and several more mountain passes, it certainly allowed us to view some of the greatest scenery God has given to us in this world.

Unfortunately, the weather was not co-operative. Temperatures were in the teens or lower and there was often rain throughout the day. In this regard, we were grateful that, out of the kindness of his heart, Gord Barrett accompanied us all the way to Radium Hot Springs as the Support Van Driver. Although most of us never had to be transported in the van, Gord did carry our gear on this part of the tour and it was reassuring to know that, in a pinch, he was there to help. Daphne, Linda and Richard caught up to us in Radium and in effect we continued to have Support Van coverage to just east of Edmonton. From there on, we knew we would have to carry our own panniers for the remainder of the tour.

Two of the myths we exploded on this tour were that (i) the prairies are essentially flat and (ii) winds generally blow from west to east. In fact, the northern prairies are more rolling than flat and in bad weather (as we generally had), the winds blow the other way! I was quite impressed by the many churches we cycled by on this segment of the route. They were mostly of the Ukrainian Catholic variety, but generally very well maintained. Clearly, they were the major centres of activity in the small towns.

It is true that we 'cheated' on this tour by taking the train from Winnipeg to Parry Sound in Ontario, but this afforded us more time in eastern Canada. Having now cycled through Muskoka, I can understand why people from Toronto love this area. Ottawa/Gatineau was pretty impressive too and of course the best way to get around there is by using the network of bicycle paths. For me, the highlight of the entire tour was the time we spent in Quebec City. I had been there thirty years earlier, but had not remembered much of it. This city is unlike any other in Canada or the United States. The Catholic Basilica was one primary attraction, although the building itself dates from 1923 (the original was destroyed in a fire).

I know that Quebec now has one of the lowest rates of church attendance in North America, but outside the major metropolitan areas, there still seem to be many adherents. Rural churches (mostly twin spire affairs) also looked well maintained and as we cycled by on Sunday mornings, the parking lots looked reasonably full.

I was not particularly impressed by the areas of New Brunswick through which we cycled (lots of heavy industry), but really likes PEI and Nova Scotia. This may have been in part due to the fact that Linda and Richard had caught up with us again (in their rented car). Also, after eating endless meals in restaurants, I really enjoyed our dinner and the time we spent at the cottage of Daphne's cousin in PEI.

As Ashley and I were not carrying on with Leddy and the others to Newfoundland, we elected to alter our tour from Pictou onwards and allocate more time to mainland Nova Scotia. We spent several days in the Annapolis Valley, which is a gem. The cycling here was for the most part very easy and, frankly, it was a treat not to have panniers on the bike anymore. Since Linda has relatives in Lunenburg (her mom was born there), we also visited there for a couple of days and Linda and I were fortunate to attend a recital being held in St. John's Anglican Church. This church was destroyed by fire several years ago, but has been rebuilt to original specifications. I marvel at the dedication and skill of the local townsfolk in undertaking this task. I also marvel at the extraordinary musical talent of people on the east coast of this country.

I will close with the following statistics:

- (1) From the Canadian Automobile Association (CAA) website, the all-Canada distance from North Vancouver to Halifax is 5,927 km
- (2) In total; we cycled 6,301 km (3,915 miles). So, even though we did not cycle North Vancouver to Mission or Winnipeg to Parry Sound, we outdid the CAA distance.
- (3) Our vertical distance climbed was 31.239 km. and highest elevation, 2,084 meters.
- (4) Out of 92 days, we were on the road for 76 days: average daily distance 83 km.
- (5) Our longest day cycled was 135 km
- (6) Record number of mosquitoes killed in a single room in a single night: 36 (Duck Mountain Resort in Saskatchewan).
- (7) We had no punctures during the entire trip
- (8) Ashley and I had two flats during the tour. Both were due to valve stem failures of the tube and not to punctures.
- (9) Ashley broke one spoke on the tour.
- (10) Number of mosquito bites in a single day: 44 (Ashley, in Riding Mountain Nat. Park)
- (11) We replaced one tire during the trip, on Ashley's bike.
- (12) We had to wear rain gear on 27 days while biking or more than one day in three.
- (13) There were only four days cycling when temperatures exceeded 30 degrees.
- (14) The hottest day was going into North Battleford (37 degrees).
- (15) Our only item forgotten on the tour was half a tube of sunblock.
- (16) Our most frequented restaurant was Tim Horton's (no contest).

*Gerry Taunton*



## **Church Council (elected on February 24, 2008)**

People's Warden: Peter Haigh 604-980-7809; p.haigh@st-timothy.com

Rector's Warden: Ron Barrett 604-983-2530; r.barrett@st-timothy.com

Secretary: Ron Edwards 604-985-9839; r.edwards@st-timothy.com

Treasurer: Leddy Lilley 604-987-6549; ledfordgeorgelilley@ca.pwc.com

Go: John Collings 604-984-9897; jcollings@collingsjohnston.com

Gather: Daphne Martin 604-985-7636; martindaphne@hotmail.com

Glorify: Matthew Vondette 604-986-9096; matthew@vondette.com

Grow: Sarah Lucas 604-986-5451; slucas303@gmail.com

Give: Rami Nader 604-340-5687; raminader@hotmail.com

(during Chris Vondette's Leave of Absence)

While all members of our congregation are called to proclaim the good news that we have to share at St Timothy's, the above people have agreed to focus attention on a particular area. They represent YOU at our monthly meetings and can only operate fully on your behalf if they know your will. All these people welcome input and all ideas are brought forward to Council for consideration. Beefs, bouquets and comments are always appreciated. Please do your part to promote St Timothy's in our daily lives.

### **Other Contact Information:**

Senior Priest: Rev. Ken Bell 604-908-4659; k.bell@st-timothy.com

Intern: Deacon Andy Withrow 604-322-7330; andy.withrow@gmail.com

Music Director: Angela Larsen 604-982-0750; witzkang@hotmail.com

Youth Group: Eric Park 604-984-9930; Eric\_Park@shaw.ca

Sunday School: Carolyn Edwards 604-985-9839; carolynedwards@rogers.com

Prayer Ministry: Samantha MacDonald 604-904-3890; owenmac@telus.net

Pastoral Care/Greeters: Myrna Teskey 604-988-9906; myrjohn@shaw.ca

Chancel Guild: Corinne Burns 604-985-6820; jamcor@shaw.ca

Set-up Crews: John Hopkins 604-985-8422; jjhopkins@telus.net

Sidespersons: Bill Messinger 604-984-0510; wmessinger@shaw.ca

Ladies' Group: Linda Taunton 604-985-4603; gltaunton@shaw.ca

Refreshments: Hazel Blacoe 604-985-9135; blacoe@interchange.ubc.ca

Webmaster/Newsletter: Matthew Vondette 604-986-9097; matthew@vondette.com

Newsletter/Service Leaflet: Florence Wilton 604-926-7417; florence\_wilton@telus.net

***Please give any changes to this list to Matthew Vondette for updating the database and to Florence Wilton for the next newsletter.***