

The Periodic...

(A somewhat regular but mostly irregular publication)

GETTING GOING

The leaves on my blueberry bushes are turning fire red which tells me two things; I have one last chance to eat fresh berries and autumn is on its way. With the break of summer beginning to form in the review mirror it is time to start up some of the weekly and monthly rhythms of church life again. (We even had our first Advent planning meeting this week).

Some of the regular activities include small group bible studies, ladies group, choir, First 5 and Kids Church. Some of the less regular activities include Tasting Room Theology, mental health talks, and church meals. In addition to all this ANiC's Synod is happening in Vancouver October 21-23 and Bishop Trevor will be paying us a visit November 7-8 (workshop, dinner and Sunday worship).

So there are a number of events and activities to get involved in. But this is not about being busy and filling ones schedule with church stuff or 'holy things'. These things we do ought to help us grow in our faith and become better image bearers of Christ. For this to happen in our lives we must be both intentional and attentive in two main areas of discipleship. The first is 'catechism', growing in our knowledge and understanding of God and our faith through things like bible studies, sermons, reading books and the like. The second is 'spiritual formation', being formed in our soul to become more like Christ through things like prayer, contemplation, silence, fasting, the daily office, journaling or forming a personal rule of life.

With all these offering we hope you will find some way to grow in your knowledge, love, intimacy and devotion to Christ here at St. Timothy's. And if you have any questions, just please ask.

Update on Ladies Group

We have had a great response in the first 6 months of 2015 to our fund raising projects and we thank all members of St. Timothy's who have supported our events with time and financial support. Our Lenten Awareness raised enough money to support three high school students in Rwanda, and our other activities (Guess Who's Coming for Dinner/lunch, cupcake sales and games afternoon) raised enough to support a number of organizations as shown below.

In the summer our treasurer, Hazel Blacoe distributed the following funds.

Partners in Bible Translation (Sharyn Thomson in Burkina Faso)	\$500
The Table in Victoria - Josh and Andy	\$500
Covenant House	\$400
Harvest Project (Northshore)	\$400
Hollyburn Family Services (North Shore Safe House Youth/Seniors)	\$400
North Shore Crisis Services Society	\$400
Embrace Rwanda Healthy Mums	\$250

We now look forward to an interesting time in the fall with Leddy Lilley coming to our October meeting to inform us about A Rocha. In November we hold our craft sales and before we know it the Christmas season will be here. Please check in the weekly church bulletins for dates of our upcoming events!

Audrey Haigh

SPECIAL HAPPENINGS...

ANiC Synod October 21-23 at Good Shepherd Church Vancouver. Please join us Wednesday night 7pm for the opening Eucharist.

November 7-8 Bishop Trevor will be with us. Saturday afternoon Bishop Trevor will be teaching and leading a workshop (topic still being finalized), this will lead into a congregational feast beginning around 5pm.

WHERE DO I FIT IN?

If you are new to the church or just looking for a new place to use your gifts and skills, there are plenty of ways for you to both serve and be served.

- Sunday Mornings: reading, prayer, altar guild, choir, greeter, A/V, serving coffee.**
- Pastoral Care: if you have a heart of compassion and desire to pray and care for others, this could be a place for you.**
- Small Groups: Join a bible study or prayer group.**
- Children's Ministry: Kidz church, nursery or First 5.**
- Help plan the dinner for the Bishop's visit and or our Christmas dinner.**

UPCOMING DATES:

- Sept 14 **Ladies Group** 1pm @ Haigh's
- Sept 18 **First 5** 'Mad Scientist' 6pm
- Sept 21 **Tasting Room Theology** 'Faith, Ethics & the Environment' Shortbread & tea tasting 7:30 Echo Cafe
- Oct 2 **First 5** Crazy Games 6pm
- Oct 6 **Mental Health Talk:** 'Trauma & PTSD' Dr. Rami Nader 7pm
- Oct 16 **First 5** Mexican Fiesta Family Night.

